SPORTS 10 Sluggers Lack Juice in Home-Run Race | **HEALTH 14** Gym Mirrors Reflect Insecurities

express

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Tuesday

SEPTEMBER 23, 2003

Recall Replay

Federal court weighs whether to put California initiative back on track

NATION | 3

U.N. Struck Again

Suicide bombing kills 2, wounds dozens outside Baghdad headquarters

WORLD | 4

KAREL PRINSLOO/AP

Iraqi police carry a body from the scene of a suicide bombing near the U.N. building.

Spies Like Them

Va. GOP approved a plan to eavesdrop on Democrats' phone calls, a key figure says

REGION | 8

Weather > Sun/Showers

80 | 58

FULL FORECAST ON PAGE TWO

ECOLOGY | NO CARS? NO PROBLEM

FERNANDO VERGARA/AP

ON A ROLL: Millions of Bogota, Colombia, residents biked, walked, rode buses or took cabs to work during the worldwide "no car day." More than 1,000 cities participated in the annual event, which started six years ago in France. No U.S. cities were reported as participants.

Death Revives RU-486 Debate

SAN FRANCISCO | An 18-year-old woman died of complications one week after she took the abortion pill RU-486.

Holly Patterson visited a Planned Parenthood clinic Sept. 10 to take the pill. She followed the prescribed procedure for using RU-486, taking two more pills at home in the following days.

After experiencing bleeding and cramps so severe that she was unable to walk, her boyfriend rushed her to the hospital, where she was given painkillers and sent home. She was back in the hospital a few days later and died on Sept. 17.

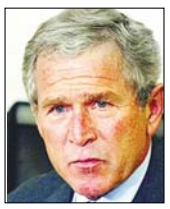
An autopsy has been scheduled. Patterson's death is likely to reignite the debate surrounding RU-486, the pill approved by the Food and Drug Administration two years ago as a way for women to end pregnancies themselves. (AP)

Bush in No Rush On Iraq

President likely to resist call for quick handoff of power

WASHINGTON | President Bush in his U.N. speech Tuesday will resist French and German pressures for a quick surrender of U.S. authority in Iraq, top aides said. American and European diplomats worked behind the scenes to draft a compromise on the pace of a handover.

The president cited "good progress" in Iraq as he met with two visiting Iraqi ministers in the Oval Office on the eve of his speech. His national security adviser, Condoleezza Rice, criticized any plans to rush the transfer of power, saying it must come in "an orderly process."



Bush

According to diplomats familiar with early discussions, a draft Security Council resolution backing a multinational occupation force, circulated by American officials, won't specifically meet French demands for a timetable on the handover. Instead, it will call on the 25-member U.S.-picked Iraqi Governing Council to come up with a timetable of its own — a compromise that may satisfy the French only if a framework for such a timetable is agreed upon privately ahead of time.

Bush planned to urge U.N. members, including those who opposed the war, to work together on reconstruction and to put aside past differences. TOM RAUM (AP)

Phat City: Beefcake tower *the Rock* wants a serious acting career; *Shelby Lynne* spreads her wings; singer Michael Buble is living large;

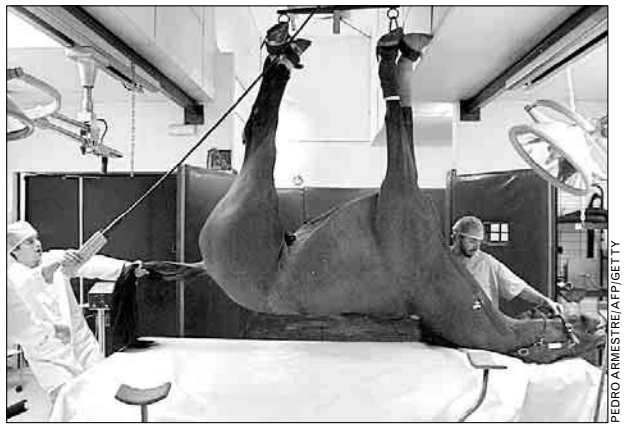
"Navy: NCIS" adds to the prime-time acronym bloat; and "phat" enters the dictionary, where it belongs. ENTERTAINMENT | 11-12

EyeOpeners

MEDICINE

Of Course, Of Course

Caring for human patients can be hard on doctors. But when you're charged with fixing up a 1,100-pound horse, things can get a little tricky. That's just what doctors at the Hospital Veterinario Sierra de Madrid deal with every day as one of three facilities in Spain dedicated to treating horses. Set up in 1996, the hospital's 23 staffers treat about 14 horses at a time, Agence France-Presse reported. Such specialized care doesn't come cheap; a routine operation costs about $2,800. (EXPRESS)



PEDRO ARMESTRE/AFP/GETTY

LAW

Minks Slink Away

Unidentified intruders released more than 7,000 minks from their cages in the middle of the night, in the biggest raid on a mink farm in Finland, officials said Monday. No one claimed responsibility for freeing the animals, which are used to make fur coats, but animal rights activists have released thousands of minks and foxes in the past decade, claiming it's cruel to keep them in cages. (AP)

BOOKS

File Under Lawsuit

The nonprofit library cooperative that owns the Dewey Decimal system has filed suit against a library-themed luxury hotel in Manhattan for trademark infringement. The Library Hotel is divided according to the classification system, with each floor featuring books from one of Dewey's 10 categories. The Online Computer Library Center, which claims to hold the rights to Dewey, charges libraries that use the system at least $500 a year. (AP)

ANIMAL WATCH

A Wing and a Prayer

Dale Doell is confident his pet parrot, Solomon, is out there somewhere, spreading God's word. Doell, of Alberta, Canada, has been searching for the bird, which has a 2,600-word vocabulary with an evangelical message, since Solomon went missing last August. Doell told the Canadian Press he's considering a house-to-house search, but will wait for a bit "to see what the Lord is going to do." (EXPRESS)

HEARSAY | FASHION

"It was more of a fun way to say, 'Listen guys, wear the uniforms.'"

— MARINA BERNARD DAMIBA

PRINCIPAL OF THE BRONX PREPARATORY CHARTER SCHOOL IN NEW YORK, TELLING THE DAILY NEWS ABOUT FORCING TWO SIXTH-GRADE GIRLS TO WEAR TRASH BAGS TO CLASS AS PUNISHMENT FOR COMING TO SCHOOL IN JEANS RATHER THAN THEIR UNIFORMS.

EDUCATION

I Nearly Graduated!

Students in Britain won't have to worry about failing their summer exams once new government guidelines go into effect. The government's testing authority has replaced the "F," or failing, grade with "N" for "nearly." Test scorers were also told to rank answers "creditworthy" or "not creditworthy" rather than correct or incorrect. (EXPRESS)

WHO KNEW? Two feet of water is enough to pick up and carry away a car, the National Oceanic and Atmospheric Administration says. And as little as six inches of fast-moving flood water can knock you off your feet.

5 Day Forecast for the Washington Area — All forecasts provided by AccuWeather.com ©2003

Today	Wed.	Thurs.	Fri.	Sat.
Hi 80	Hi 76	Hi 78	Hi 74	Hi 72
Lo 58	Lo 60	Lo 58	Lo 60	Lo 62

UV Index (for solar noon)
4 out of 10, low

Air Quality Index (AQI)
AQI Today: Not available

Pollen Index (Yesterday)
Reading: Main offender: Not available

Today, cloudy, rain early, then becoming partly sunny, breezy. High 80. Wind west to northwest 12-22 mph. Tonight, mostly clear, cooler, patchy fog late. Low 58.

Busy on Sunday?

Now you can pick up The Sunday Post four days a week.

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■ CVS ■ Magruder's

The Washington Post

S20295x6

Nation

Ashcroft Limits Plea Bargains

Prosecutors told to seek big penalties rather than deals

WASHINGTON | Federal prosecutors were ordered Monday by Attorney General John Ashcroft to pursue maximum criminal charges and sentences whenever possible and to seek lesser penalties through plea bargains in limited circumstances.

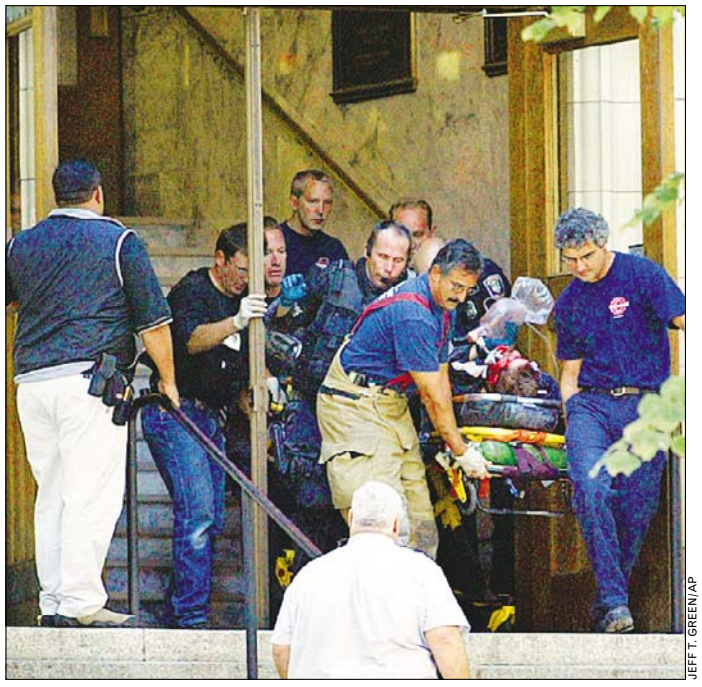
An Ashcroft memo sent to all 94 U.S. attorneys' offices supersedes policy during former Attorney General Janet Reno's tenure that allowed prosecutors greater individual discretion to determine if the charges fit the crime.

Ashcroft

The policy change is the latest example of Ashcroft's attempts to bring greater symmetry to the federal justice system. Critics predicted the new policy will force more defendants to face costly trials instead of pleading guilty.

CURT ANDERSON (AP)

CRIME | DANGER IN THE CLASSROOM


JEFF T. GREEN/AP

STANDOFF ENDS: Police shot and wounded a 17-year-old boy who brought a semiautomatic gun to his school in Spokane, Wash., on Monday. He was listed in good condition at a hospital, and police are looking for a motive. "He was angry about everything," Police Chief Roger Bragdon said. About 2,000 students were evacuated, but no one else was injured in the incident.

Court Rehears Calif. Recall Case

Judges question need to postpone Oct. 7 gubernatorial contest

SAN FRANCISCO | A federal appeals court heard arguments Monday about whether to let California's gubernatorial recall election go forward on Oct. 7, sparring with a scholar on whether the Supreme Court's Bush v. Gore decision is grounds for postponing the vote.

Harvard University scholar Laurence Tribe, who argued for the Democrats in the Florida dispute that reached the Supreme Court in 2000, said allowing some counties to use punch-card ballots will cause thousands of votes to go uncounted.

Tribe said punch-card ballots "are not lawful to use" in the upcoming California election, since the state already knows they are error-prone.

Last week, a three-judge panel of the 9th U.S. Circuit Court of Appeals postponed the Oct. 7 election, repeatedly citing the Bush v. Gore ruling in which the Supreme Court halted the Florida recount because counties were using different standards to read the ballots.

Arguing for the state, Deputy Attorney General Douglas Woods said trial judge Stephen V. Wilson got the case right in mid-August when he rejected any postponement.

"Today, with this election ongoing, he is even more right," Woods said. DAVID KRAVETS (AP)

Weighing the recall: A recap of the arguments before the 9th Circuit Court of Appeals and full coverage of the California recall. | washingtonpost.com/recall

BY THE NUMBERS: Among the projects earmarked for the $20.3 billion requested for Iraqi reconstruction are $290 million for fire services and $2.9 billion to rebuild Iraq's electric system. (AP)

HEARSAY | FUTURE TENSE

DOUG DREYER/AP

"I don't know what's appropriate at this point in time, candidly. ... There's things more important than politics to me."

—REP. BILL JANKLOW

SPEAKING ABOUT HIS FUTURE FOR THE FIRST TIME SINCE HE WAS CHARGED IN A CAR CRASH THAT KILLED A MOTORCYCLIST. JANKLOW IS DUE TO BE ARRAIGNED ON SECOND-DEGREE MANSLAUGHTER CHARGES ON FRIDAY.

GOP Backs Alaska Oil-Drilling Bid

WASHINGTON | Congressional Republican leaders Monday launched a last-ditch push for President Bush's bid to open the Arctic National Wildlife Refuge in Alaska to oil drilling, reigniting a controversy that could complicate efforts to pass the pending overhaul of national energy policy.

Drilling proponents acknowledged they face an uphill battle in the Senate, where a handful of Republicans have joined a majority of Democrats in threatening to filibuster the entire energy bill if Arctic drilling is included.

Sen. Pete Domenici (R-N.M.) chairman of the Senate Energy and Natural Resources Committee, had earlier decided against including the drilling measure in the Senate energy bill unless he was confident that he could overcome a filibuster.

Domenici said that if he cannot get the 60 Senate votes to overcome a filibuster, he will drop his efforts to include the drilling measure in an energy bill. But he vowed, "Between now and the hour when that decision must be made, I will work relentlessly for those votes," he said. RICHARD SIMON (L.A. TIMES)

Poll Shows Clark Tied With Bush

WASHINGTON | Democrat Wesley Clark is tied with President Bush in a head-to-head matchup, according to a poll that shows several Democrats strongly challenging Bush.

Clark, a retired Army general, garnered 49 percent support to Bush's 46 percent, essentially a tie given the poll's margin of error. The CNN-USA Today-Gallup poll was conducted Sept. 19-21, beginning two days after Clark announced he would become the 10th Democratic candidate for the party's nomination. (AP)

In Brief

WASHINGTON

Panel Blames Leadership for Air Force Academy Assaults

Ineffective leadership and oversight at the Air Force Academy were to blame for a string of sexual assaults there, a congressional inquiry found. In a report to the secretary of defense Monday, a civilian panel said frequent turnover in leadership both in the Air Force and the academy contributed to the climate. Between 1993 and 2002, there were 142 allegations of sexual assault at the academy. (AP)

WASHINGTON

Braun Formally Kicks Off White House Bid

Democrat Carol Moseley Braun of Illinois, who made history as the first black woman elected to the U.S. Senate, formally launched her longshot bid for the presidency Monday, vowing to "fix the mess" created by the current leadership. Braun faces nine other Democratic candidates — all men who, for the most part, have raised more money and are beating her in the polls. Nevertheless, she is forging ahead with her campaign, arguing that as a former ambassador, senator and local government official she is uniquely qualified to be president. (AP)

Braun

LOS ANGELES

Death at Record Producer's Home Ruled a Homicide

The February shooting death of an actress at the home of record producer Phil Spector was ruled a homicide Monday by the coroner's office. Lana Clarkson was shot by another person and died of a single gunshot wound to the head and neck, said Lt. Cheryl MacWillie of the Los Angeles County coroner's office. Spector, 62, who is free on $1 million bail, has denied that he killed Clarkson, saying the actress shot herself. (AP)

TAMPA, FLA.

Suit Filed Against Toughman Boxing Promoter

The family of a woman killed in a Toughman boxing event sued the event's promoter Monday. The lawsuit seeks damages of more than $15,000 in the death of Stacy Young after a Toughman event at the Sarasota County Fairgrounds in June. (AP)

World

Bomber Hits U.N. in Iraq

Iraqi policeman killed in second attack on headquarters

BAGHDAD, IRAQ | A suicide bomber, his body wrapped in explosives and his car filled with 50 pounds of TNT, struck a police checkpoint outside U.N. headquarters in Baghdad on Monday, killing an Iraqi policeman and wounding 19 people.

The bomber, who also died in the blast, was trying to get into the U.N. compound at the Canal Hotel, where a truck bomb a month ago killed 23 people, including the top U.N. envoy to Iraq, Sergio Vieira de Mello, said a U.S. military spokesman. Monday's attack wounded two U.N. workers.

The attack, apparently timed to snarl attempts by Washington to win U.N. legitimacy for the U.S. occupation of this Arab country, could diminish the world body's willingness to become more deeply involved in Iraq's reconstruction. The United Nations already sharply reduced its work here after the Aug. 19 bombing.

Secretary-General Kofi Annan warned that if the situation continues to deteriorate, U.N. operations in Iraq "will be handicapped considerably."

The blast, which could be heard throughout Baghdad, took place a day before President Bush addresses the U.N. General Assembly. He was expected to seek an expanded U.N. role in rebuilding Iraq, a condition set by many nations for contributing to the reconstruction effort. STEVEN R. HURST (AP)

KAREL PRINSLOO/AP

U.S. investigators examine parts of a car at the scene where a suicide bomber killed an Iraqi policeman and himself Monday near the U.N. headquarters in Baghdad.

U.S., Turkey Insist $8.5B Aid Deal Not Tied to Iraq

DUBAI, U.A.E. | The United States agreed Monday to lend Turkey $8.5 billion to support its shaky economy, while insisting it was not trying to buy Turkish soldiers to help out in Iraq.

Treasury Secretary John Snow and Turkish Minister of State for the Economy Ali Babacan signed the agreement in Dubai, where the World Bank and International Monetary Fund are meeting.

Snow said the money was intended to support Turkey's ongoing economic reform process.

The agreement signals an attempt to bridge the divisions that surfaced over Iraq. Babacan called it "a concrete symbol of Turkish-American relations." (AP)

BY THE NUMBERS: The number of gun-related killings in Baghdad has increased 25-fold since President Bush declared an end to major combat on May 1, 2003. (AP)

In Brief

NORWAY

Government Plans to Kill 670 Whales Despite Ban

Norway said it plans to kill 670 minke whales next year in its controversial commercial hunt. The Nordic country resumed commercial whale hunts in 1993 despite a global ban. Norway, which claims the minke are plentiful, is the only country that hunts whales for profit, while Iceland and Japan cull them for research. (AP)

EUROPE

Dutch Foreign Minister Selected to Lead NATO

NATO selected Dutch Foreign Minister Jaap de Hoop Scheffer as the alliance's new secretary general, picking a diplomat-turned-politician to help ease tensions between the United States and its allies over the Iraq war. He will replace Britain's Lord Robertson on Jan. 1. (AP)

Scheffer

COLOMBIA

U.S. Plane Reportedly Shot Down by Hostile Fire

A U.S. government plane that crashed over the weekend while on an anti-drug mission, killing the pilot, was apparently shot down, a spokesman for a U.S. company said Monday. DynCorp is contracted by the State Department to fumigate cocaine-producing crops in Colombia as part of Operation Holocaust, a campaign in which U.S.-trained soldiers are destroying huge cocaine plantations. (AP)

GERMANY | SCORE?

PATRIK STOLLARZ/AFP/GETTY

FOOTBALL: German Chancellor Gerhard Schroeder kicks a soccer ball during a break in talks at a German-Polish summit in Germany Monday.

Iran Cools to IAEA Over Oct. Deadline

TEHRAN, IRAN | Iran will scale back its cooperation with the U.N. nuclear watchdog in response to the agency's October deadline for Tehran to prove its atomic programs are peaceful, Iran's representative to the agency said Monday.

Ali Akbar Salehi said that Iran had been allowing the International Atomic Energy Agency more oversight than required under the Nuclear Nonproliferation Treaty. "From now on we will act according to the current regulations," Salehi said. He did not elaborate.

Salehi said Iran will continue talks with IAEA on signing additional protocols to the nonproliferation treaty that would subject his program to in-depth checks. Iran has said repeatedly it would agree to inspections if it is granted access to advanced nuclear technology as provided for under the treaty. (AP)

BEHIND THE NUCLEAR FLAP

A recent IAEA report noted that traces of highly enriched, weapons-grade uranium were found at an Iranian nuclear facility. Iran insists its nuclear programs are designed to generate electricity and that its equipment was "contaminated" with enriched uranium by a previous owner. The IAEA's board of governors on Sept. 12 gave Tehran until the end of October to prove it is not running a weapons program.

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Wiser Print Buying In 12 Simple Steps.

Today's fast-paced world with its advanced technologies has conditioned us to expect immediate response and solutions in almost everything we do. Unfortunately, one side effect of our "do it now" mindset is that many printing customers waste hundreds of dollars by not taking the time to better understand the factors involved in their jobs. By acting on the following tips , you can save time and money for you and your company.

1.Work Closely With Us

Check with Whitaker and Frost before you start designing. We can help you find the best formats, typestyles, paper types and ink colors. If you're not sure what you like, browse through samples for ideas. Then our representative can help you find creative ways to achieve the desired results.

2. Prepare Artwork Carefully

Keep in mind that putting your material on a disk doesn't automatically make it camera-ready. Camera-ready art is artwork that a press operator or pre-press personnel can shoot directly to make a negative or plate.

When preparing a disk, make sure it contains your fonts, graphics and type specifications. We can give you a checklist of all necessary items. Reviewing the checklist will help you submit a disk that is complete and can often save you money and time in composition.

3.Make the Most of Black and White

Formal events prove how well these classic colors work. You can achieve dramatic, attention-getting looks with them. Sketches printed in black ink are particularly appealing. Black and white is also effective for anniversary announcements or for achieving an antique look.

4. Use Clip Art & Illustrations

Rather than photographs which require halftones, clip art or illustrations will give you thousands of images to choose from. Best of all, quality is always consistent.

5. Use stock photos

Consider using stock photos instead of hiring a model and photographer. Because stock photos are widely distributed, you get the quality of professional shots without the cost. Thousands of images are available in catalogs and on the Internet. Subjects include almost anything you can think of. Increasingly, brochures for even the largest companies feature stock photos.

6. Design for Postage Breaks

When designing any piece, ask yourself how it will be distributed. If it is going to be sent through the mail, let us help you find the best way to send it. For example, if you are sending a self-mailer (something that doesn't have an envelope), there are certain tabbing requirements which must be followed in order to receive the maximum savings. Most mailing regulations have to do with the readability and machinability. For information on these mailing factors call us or the local post office.

7. Group Jobs Together

If your company uses printed envelopes, business cards and letterhead that are printed in the same colors on the same type of paper print them together instead of separately. You'll save the cost of several ink washes.

8. Order in Quantity

Many customers wonder why we often suggest starting a quote with 500 or 1000 pieces, particularly in regard to business cards and letterhead. The reason is fixed costs. Fixed printing costs on any job include the paper, wear on the press, press operator's time and any ink charges. Since the press is already set up, it only takes a few more minutes to run a couple hundred pieces more.

9. Eliminate Bleeds

Many people enjoy the effects of bleeds. Yet the cost is often overlooked until it's too late. Bleeds happen when an ink color runs to the edge of the page. Achieving the effect requires larger, often irregular size sheets of paper and increases production time dramatically. Both add to the cost of the job.

10. Choose Screens Over a Second or Third Color

By applying screens to one or two colors, you can make your piece look as if it contains several more colors. For example, if you used a royal blue as your base color, you could screen back your wording in blue so it was closer to a sky blue.

You can create some very dramatic effects using this technique, however, you must be careful that only bolder types get screened back so that your piece remains legible. For more information about screens, talk to your Whitaker and Frost rep.

11. Design for Flexibility

The more flexible you can be with your piece, the better. For example, if you design your company's brochure in such a way that a panel can be taken out without losing vital information, you can continue to use the brochure without the panel containing dated information. Suppose you have a panel that has rates on it. You could cut this panel off, create another one and use the new one as an insert for your now two-panel brochure.

12. Use Masters

Say you have a letterhead that is two colors. By creating masters, you can print everything that is printed in one color such as the logo and address. Then the press operator can go back later and imprint names or other selective information in another color of ink. Masters may or may not save you money depending on the quantity. When dealing with hundreds of copies of business cards or letterhead, they can definitely help. They are very effective for companies that have several locations or several employees.

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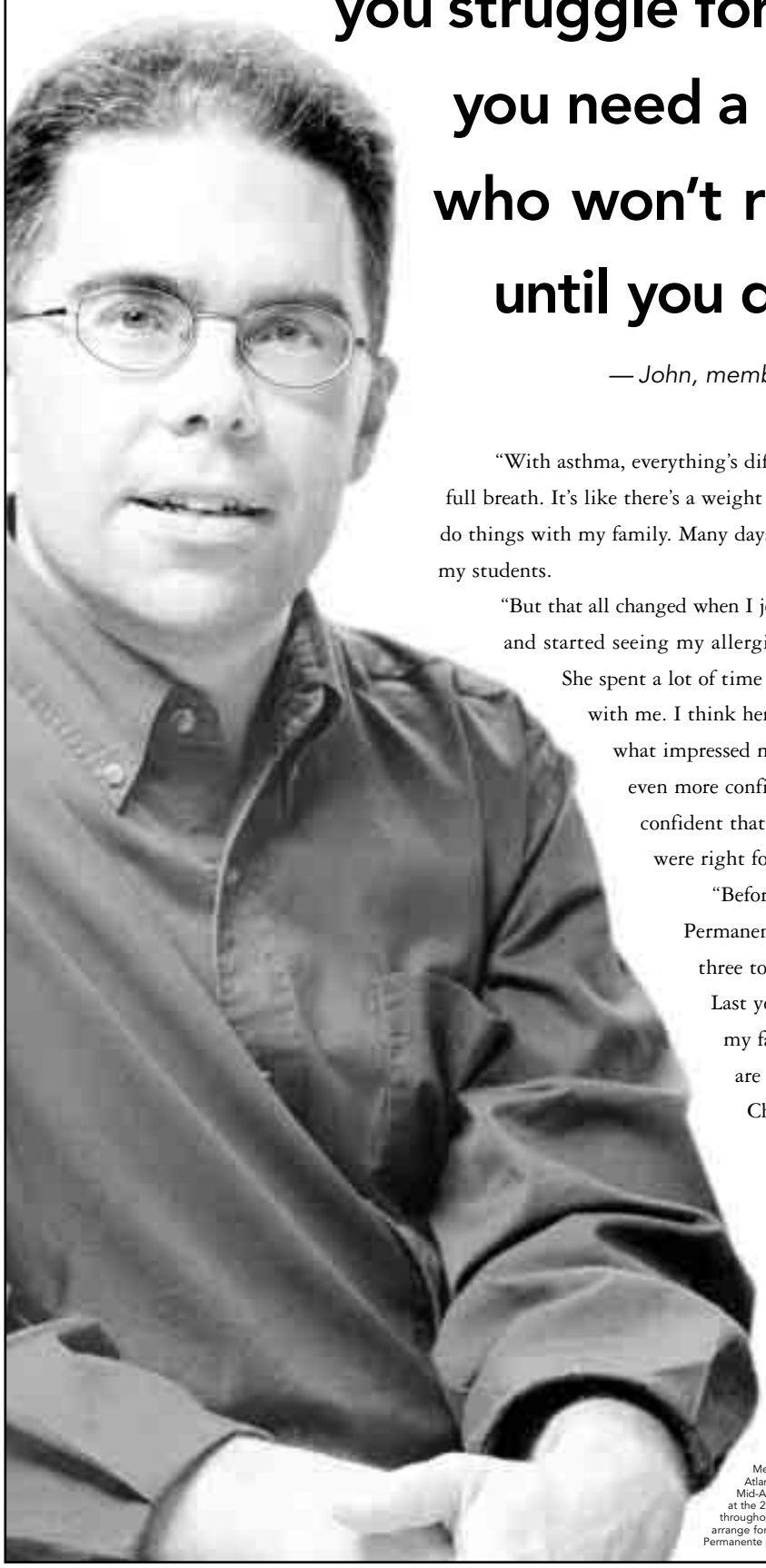
"With asthma, everything's difficult. It's hard to get a full breath. It's like there's a weight on your chest. I couldn't do things with my family. Many days, I was too sick to teach my students.
"But that all changed when I joined Kaiser Permanente and started seeing my allergist, Dr. Betty Chang. She spent a lot of time listening and working with me. I think her range of knowledge is what impressed me most. It's made me even more confident in her care — and confident that the treatments she chose were right for me.
"Before I came to Kaiser Permanente, I typically missed three to six school days a year. Last year, I missed none. I think my family and my students are all recipients of what Dr. Chang's given to me."
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World

U.S. Investigates Attack on Taliban

American-led assault in Afghanistan may have killed 10 civilians

KABUL, AFGHANISTAN | The U.S. military said Monday it is investigating reports that a deadly attack on a Taliban commander hiding in a tent in southern Afghanistan also killed 10 nomads.

U.S. helicopters fired on the tent last week after tracing the satellite telephone of Mullah Mohammed Gul Niazi, who Afghan officials said had been leading attacks against U.S.-led forces in Zabul province.

While the U.S. military initially said it was "highly confident" that only enemy fighters had been killed, Zabul officials said 10 civilians also died in the attack in Naubahar, 120 miles northeast of Kandahar.

"We investigate all incidents of possible noncombatant casualties," the U.S. military said Monday in a statement from its headquarters at Bagram Air Base, north of the capital, Kabul. It insisted U.S.-led forces took "every precaution" to avoid such casualties.

Suspected Taliban militants have stepped up attacks against U.S.-led forces, Afghan police and aid workers in recent months. (AP)

BUSH NAMES AMBASSADOR

➜ **Zalmay Khalilzad**, special envoy to Afghanistan, has been named ambassador to the country. If approved by the Senate, Khalilzad would succeed Ambassador Robert Finn, who was the first ambassador to Afghanistan in more than two decades.

Qureia Voices Concerns About Illicit Weapons

RAMALLAH, WEST BANK | The Palestinian premier-designate complained Monday about the "chaos" of weapons in the West Bank and Gaza but suggested that — like his predecessor — he will not use force to disarm militant groups.

"We still need more consultations on ending the chaos in the streets, in the administration and in the Palestinian mentality," Ahmed Qureia told reporters. "This is the main issue ... including the chaos in using, distributing and storing weapons."

That was one of the strongest statements yet by a Palestinian leader against the proliferation of illegal weapons in the hands of militants in the Palestinian areas. Qureia did not say what steps, if any, he would take to round up weapons.

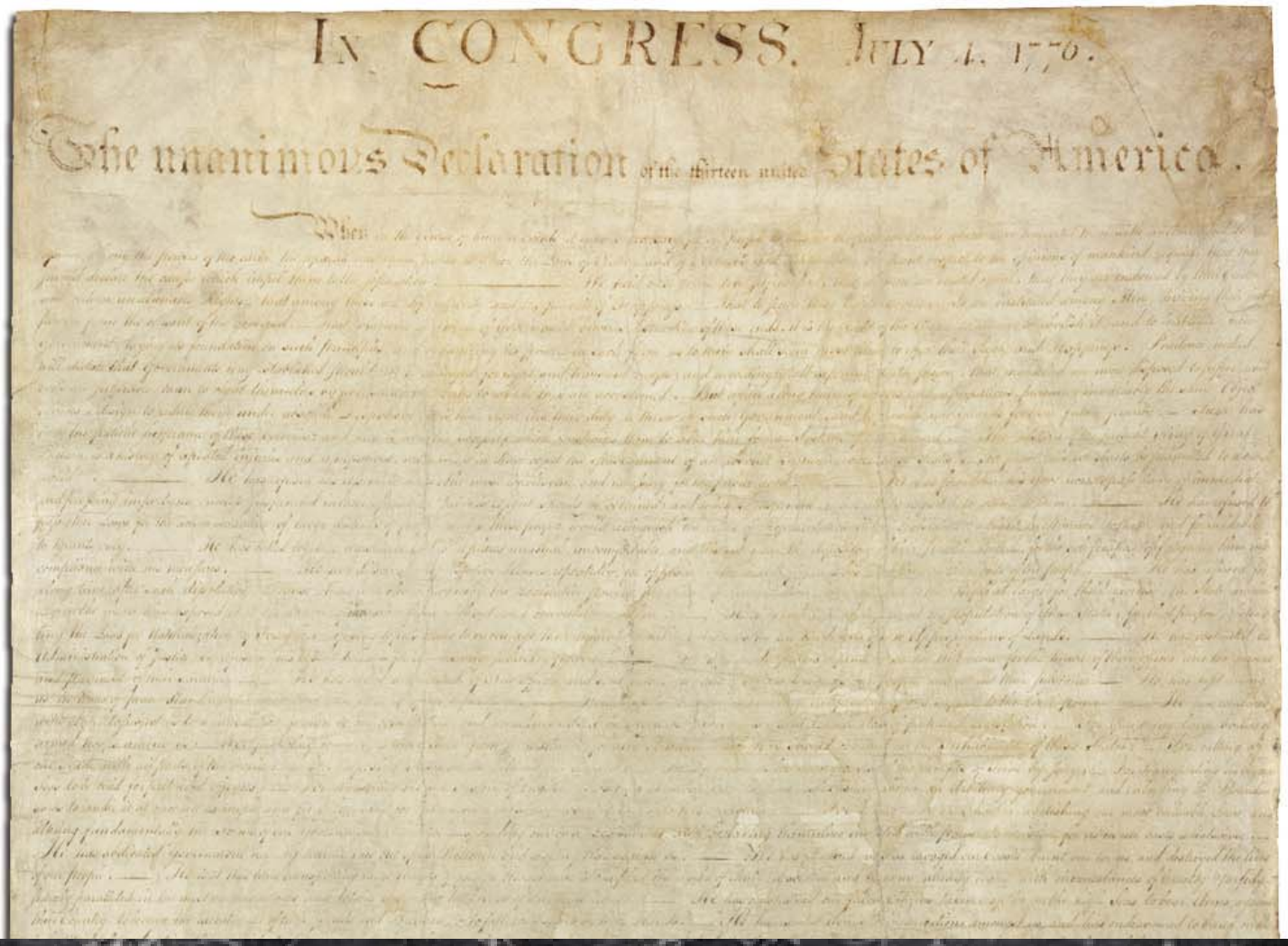
Also on Monday, a Palestinian source said Israel agreed in principle to free hundreds of prisoners. Israeli officials denied reports the swap with Lebanese militants could include top-ranking Palestinian official Marwan Barghouti. (AP)

WHO KNEW? Tickets for some of the supersonic Concorde's final New York-London flights for British Airways went on sale Monday, with round-trip tickets priced at $13,300. (AP)

KOREAS | REUNION

AFP/GETTY

TEARFUL GOODBYE: North Koreans bid farewell to their South Korean relatives Monday after a reunion in the North. Hundreds of South Koreans returned home after visiting family whom they hadn't seen since the 1950-53 Korean War.



ISABEL COULDN'T STOP JOHN, BEN AND TOM.

THE NATIONAL ARCHIVES ROTUNDA FOR THE CHARTERS OF FREEDOM IS OPEN.

The work of Adams, Franklin and Jefferson is back on display to launch the new National Archives Experience. The Declaration of Independence, sitting side by side with the Constitution and the Bill of Rights, has weathered yet another storm in its long history. If the hurricane held you back from enjoying our opening weekend, never fear. The founding documents are now on display, along with pages from the Articles of Confederation, the case of Marbury vs. Madison and the deed to the Statue of Liberty. Come and see for yourself.

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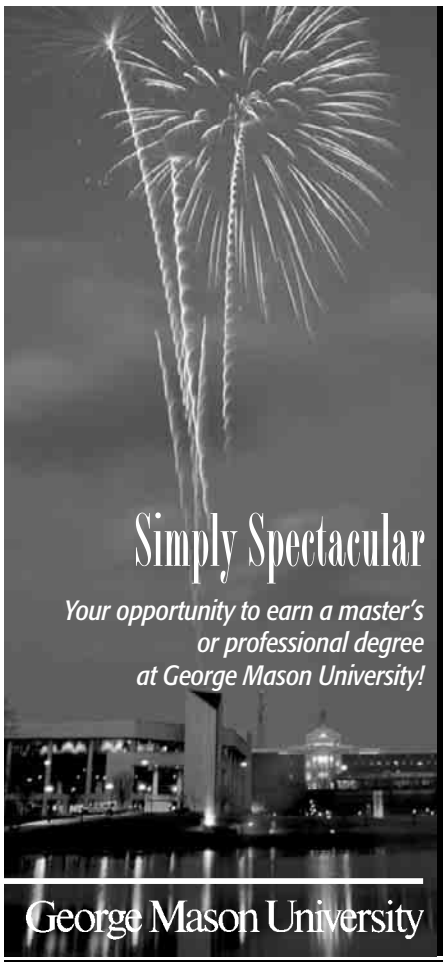

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Region

Va. GOP Scandal Detailed

Leaders encouraged eavesdropping, Matricardi contends

RICHMOND, VA. | Key Republican Party figures not only knew that Edmund A. Matricardi III planned to covertly monitor a confidential, high-level Democratic Party conference call, they encouraged it, Matricardi said Monday.

In a court proceeding where he publicly discussed his role in the scandal for the first time, Matricardi detailed a scheme that actively involved at least four other influential Republicans, including his former boss and party chairman, Gary R. Thomson.

Matricardi

Thomson not only knew that Matricardi had secured phone numbers and pass codes for the conference call from a disaffected Democrat, he helped plan the calls and listened in briefly to the first call on Friday, March 22, 2002, the party's former executive director said.

Matricardi described Thomson and then-House Speaker S. Vance Wilkins as enthusiastic about intercepting insider information.

"No one at any point was ever hitting the brakes," Matricardi said during a hearing in Henrico Circuit Court on his petition to reinstate his law license. BOB LEWIS (AP)

LESLIE E. KOSSOFF/AP

Detroit Edison crew members work on power lines on the border of Chevy Chase, Md., and D.C. that were damaged by Hurricane Isabel last Thursday and Friday.

Back to Work but Not Back to Normal in D.C.

WASHINGTON | Four days after Hurricane Isabel blew through the area, government offices and businesses reopened but conditions were far from a normal Monday for many.

Pepco reported about 150,000 customers without power, including 46,000 in the District and 78,000 in suburban Maryland. The company still had more than 600 crews working to restore service, but conceded some might not have power until Friday.

Dominion Virginia Power reported 46,000 without power in northern Virginia.

With more than 246,000 customers still without power, the region also coped with an increase in illnesses blamed on improperly ventilated generators. In Chillum, Md., one person was killed and another was found suffering from the effects of apparent carbon monoxide exposure Monday afternoon.

D.C. Metropolitan Police Department officers were deployed at about 60 intersections Monday morning. Chief Charles H. Ramsey said two officers were injured over the weekend when they were struck by vehicles while directing traffic.

Schools in the District, Montgomery County and Prince George's County were closed Monday but planned to reopen Tuesday. DERRILL HOLLY (AP)

Powerless: For complete coverage of Hurricane Isabel's aftermath in the area | washingtonpost.com/metro

'Virginia Jihad' Member Pleads Guilty

ALEXANDRIA, VA. | One of 11 men accused of training to join a Pakistani terrorist group pleaded guilty Monday to gun charges and to aiding a conspiracy, prosecutors announced.

Muhammed Aatique was among the 11 accused of preparing to join Lashkar-e-Tayyaba, which seeks to oust India from Kashmir.

Most of the 11 defendants are U.S. citizens who live in suburban Virginia and Maryland.

U.S. Attorney Paul McNulty labeled the group a "Virginia jihad network," which possessed and trained with AK-47 assault rifles. Some of the members traveled to Pakistan after Sept. 11, 2001, to train at a Lashkar camp, before the group was designated a terrorist organization. (AP)

HEARSAY | INTERNET

"I'm a little nervous that people have come looking for me and I've missed their e-mails."

—HEATHER GLEASON OF TAKOMA PARK, MD WHO WAS ONE OF MANY TO USE THE INTERNET AT THE SILVER SPRING LIBRARY MONDAY BECAUSE HER HOME IS STILL WITHOUT POWER AFTER HURRICANE ISABEL.

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Susan H. Black, MD
GIVF Fairfax

IVF Overview
Shared Risk IVF Refund Program
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Stephen R. Lincoln MD
GIVF Fairfax

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GENETICS & IVF INSTITUTE

Money

In Brief

TELECOMMUNICATIONS

Verizon Units Agree to Allow Number Swapping

Verizon Communications announced Monday an agreement between its traditional telephone business and its Verizon Wireless unit that will enable customers to turn the telephone number on a home or office line into the wireless number for a cell phone. The deal essentially is required by federal rules to take effect Nov. 24, part of a broader order that requires all cellular companies to allow their customers to switch to a different wireless carrier without having to give up their phone numbers. Other major cell phone companies continue to oppose the new rules. (AP)

ARTS & CRAFTS

Crayola Switching Up Colors

Crayola plans to retire four colors from its stable of 120 and add four new ones at the company's 100th birthday celebration next month. Burnt Sienna, Teal Blue, Blizzard Blue, Mulberry and Magic Mint are five colors company officials consider redundant or unattractive. Crayon fans voted online to spare one shade, to be announced Oct. 11. (AP)

WHO KNEW? Insured property losses from Hurricane Isabel could exceed $1 billion, making it one of the 10 costliest hurricanes in U.S. history, the Insurance Information Institute said.

Government Approves Hispanic Media Merger

WASHINGTON | The government approved Univision Communications Inc.'s $3.1 billion purchase of Hispanic Broadcasting Corp. on Monday, allowing the nation's largest Spanish-language media conglomerate to grow bigger yet.

The Republican-dominated Federal Communications Commission voted 3-2 to accept the deal with the two FCC Democrats contending the merger would hurt competition and limit news and entertainment choices for Spanish-speaking Americans.

The company argued that it has a relatively small presence in broadcasting overall and competes with English and Spanish-language networks for advertisers and viewers who often are bilingual.

With the merger, Los Angeles-based Univision would have the top Spanish-language broadcast TV network, cable channel, record label, Internet site and radio network, as well as the largest group of television and radio stations.

Univision would acquire HBC's 68 radio stations but be required to sell two of them. DAVID HO (AP)

Stocks Fall On Sliding Dollar

NEW YORK | Stocks slid Monday after finance ministers from seven leading industrial nations called for more flexible currency rates, sparking a tumble in the dollar and investor fears of dampened foreign investment.

Over the weekend, ministers of the G7 said market forces should determine currency exchange rates, which many interpreted as support for a weak dollar. The dollar and overseas markets immediately fell on the news. HOPE YEN (AP)

COFFEE | AVERAGE JOE

PATRICIA MCDONNELL/AP

BEAN SPROUTS A server makes a cappuccino Wednesday at a Dunkin' Donuts in Boston. The chain is seeking to bring espresso drinks to the masses.

Market Action

New York Stock Exchange

Gainers

STOCK	LAST	DAILY CHANGE	DAILY PERCENT CHANGE
ValueCty	4.51	+.46	+11.4
Turksh	7.50	+.72	+10.6
ColeMyr	42.00	+3.57	+9.3
Motorola	12.06	+.97	+8.7
KerznerInt	35.90	+2.65	+8.0

Losers

STOCK	LAST	DAILY CHANGE	DAILY PERCENT CHANGE
FTI Cnslt s	18.04	-5.02	-21.8
Unif	5.40	-1.17	-17.8
LaBrnch	16.05	-1.76	-9.9
Terex	20.25	-2.05	-9.2
Gateway	6.15	-.53	-7.9

NASDAQ Stock Market

Gainers

STOCK	LAST	DAILY CHANGE	DAILY PERCENT CHANGE
SpecPh rs	7.17	+2.26	+46.0
ThistGrp	25.84	+6.64	+34.6
MechTch	4.98	+1.24	+33.2
PrtnEng s	2.93	+.73	+33.2
Bam!	2.87	+.58	+25.3

Losers

STOCK	LAST	DAILY CHANGE	DAILY PERCENT CHANGE
USPhysTh	11.58	-2.73	-19.1
priceline rs	31.80	-5.86	-15.6
AtrixL	24.31	-4.24	-14.9
Biomira	2.00	-.34	-14.5
KentFn	4.17	-.68	-14.0

DOW	NASDAQ	S&P 500
-109.41	-31.08	-13.48
-1.13	-1.63	-1.30
9535.41	1874.62	1022.82

Rates

	CURRENT	PREVIOUS WEEK
Prime Rate	4.00	4.00
Fed Funds close	1.00	1.125
3-month	0.92	0.93
2-year	1.64	1.59
10-year	4.21	4.26
30-year	5.12	5.18

Currency (Dollars in foreign currency)

	TODAY	PREVIOUS DAY	YEAR AGO
British Pound	.6058	.6123	.6437
Canadian Dollar	1.3453	1.3493	1.5737
European Euro	.8710	.8797	1.0197
Japanese Yen	111.96	114.29	123.35
Mexican Peso	10.7620	10.8670	10.3060
Taiwanese Dollar	33.80	34.05	34.77

Biotech Stocks

STOCK	LAST	DAILY CHANGE	YEAR TO DATE PERCENT CHANGE
Amersham	44.58	-1.42	+.4
Amgen	68.46	-.43	+41.6
ApplBio	21.24	+.06	+21.1
Biogen	42.09	-.93	+5.1
Chiron	54.32	-1.16	+44.5
Genentech	87.43	-.29	+163.7
Genzyme	48.85	-.65	+65.2
GileadSci	57.71	-2.25	+69.7
IDEC Ph	36.77	-1.00	+10.9
IMS Hlth	21.05	+.05	+31.6
LabCp	29.81	-1.04	+28.3
MedImun	35.20	-.80	+29.6
MillPhar	16.07	-.03	+102.4
Monsnto	24.36	-.89	+26.5
QstDiag	63.30	-.70	+11.2

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SPECIALS OF THE WEEK

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Toshiba Portege 7020CT PII 366Mhz 192Mb 6.0GB 56K TFT $279
IBM ThinkPad 240 C300 196Mb 6.0GB 56K 10/100 Nic TFT $299

Multimedia Pentium Laptops starting from $349
Dell Latitude Cpi & IBM ThinkPad 600E PII 366 Mhz With CD Rom
128Mb Ram 4-6.0GB Hard Drive, 56K Modem 1.44FD 13.3 TFT
Sony VAIO, CMQ Presario, HP Pavilion W/DVD From $599
Duron & Celeron 8-900 Mhz 10-20.0GB 56K 10/100 Nic ME/98SE
VPR MATRIX 170B4 Pentium 4 1.7 Ghz Laptop $799
256 Mb Ram 20.0GB Hard Drive DVD/CDRW 56K Nic XP

CPU DESKTOP AND TOWERS starting from $99
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Dell Optiplex Gx110 P3 733 Mhz 256 20.0 DVD 56K Nic $259

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Sports

Going, Going, Gone?

Sluggers not matching past home run totals in steroid-testing era

PRO BASEBALL | Baseball's biggest sluggers look as if they've lost a little pop in their bats. For the first full season since 1993, it appears that none of the game's top power hitters will reach 50 home runs.

Could it be because baseball started testing for steroids this season? Some players think so.

Before the 1994-95 strike, players hit at least 50 homers just 18 times. Since the strike, players have reached 50 homers 18 times. Sammy Sosa topped 60 in three seasons and Mark McGwire did it twice, hitting a record 70 in 1998. Then in 2001, Bonds hit 73.

Going into the final week of this season, Alex Rodriguez led the majors with 47 homers. Barry Bonds had 44, tied for second with Jim Thome.

Bob Costas, a longtime baseball broadcaster, says it's too early to tell if there's a link between drug tests and the power drop at the top.

"Is it possible that there will be some positive, long-range effect? Yes. But I wouldn't jump to that conclusion yet," Costas said.

RONALD BLUM (AP)

JAMIE SQUIRE/AFP/GETTY

Redskins coach Steve Spurrier leads an impromptu offensive meeting in Sunday's 24-21 overtime loss to the Giants.

Spurrier Seeks Answers to Penalties

Coach won't dock paychecks — for now

PRO FOOTBALL | Washington Redskins coach Steve Spurrier backed off his threat to start fining players for committing penalties, while linebacker LaVar Arrington questioned whether the team was getting a fair shake from the officials.

When all was said, there were few fresh ideas Monday to stem the tide of Washington's NFL-high 35 penalties after three games, including the 17 that tied a single-game franchise record in Sunday's 24-21 overtime loss to the New York Giants at FedEx Field.

"Our star guys are careless," Spurrier said.

Immediately after the game, Spurrier said it might be time to starting fining players for egregious infractions. Instead, he's decided to give the accountability lecture one more try — although docking the paychecks still might be an option down the road.

Arrington agreed everyone must be accountable, although all the yellow flags had also put the two-time Pro Bowl linebacker in conspiracy mode.

"I don't particularly believe in excuses, but I don't see us doing too much more than what these other teams are doing to us," Arrington said. "It kind of makes me wonder a little bit about some of these plays that are getting these penalties called."

Arrington was most concerned about what he perceived as a double standard on holding calls.

Spurrier didn't go as far as Arrington, but the coach said "a couple of holding calls were questionable, a couple of them were probably legit" on Sunday.

JOSEPH WHITE (AP)

Deconstructing Sunday: Nunyo Demasio takes a closer look at Sunday's penalties | Today's Post, Sports

Grand Jury Reviews Hazing Incident

HIGH SCHOOLS | A grand jury is investigating allegations that high school football players from New York sexually assaulted teammates during a hazing ritual at a preseason training camp, a prosecutor said Monday.

State police and the grand jury are investigating whether members of the Mepham High School football team in Bellmore, N.Y., sodomized younger players with a broomstick, pine cones and golf balls during a five-day trip to the Camp Wayne for Girls in Preston Park, Pa., said Wayne County, Pa., District Attorney Mark R. Zimmer.

Zimmer called the allegations, "disgusting and horrific."

Sixty players and five coaches with the team attended the camp last month. Officials said the coaches slept in a different cabin from students and were unaware of any problems until a parent complained.

Mepham High School suspended three players following the allegations. The Bellmore-Merrick school district canceled the team's season last week, citing evidence that "a significant majority" of the team's players violated the district's code of conduct. DAVID B. CARUSO (AP)

Today's TV Lineup

BASEBALL (7 p.m. on Comcast) The Boston Red Sox try to cling to the American League wild-card spot while the Baltimore Orioles play what will likely be one of their last games under manager Mike Hargrove.

BOXING (7:30 p.m. on ESPN2) An encore showing of the first fight between heavyweights Joe Frazier and George Foreman, which took place in 1973.

MISCELLANEOUS (6:30 p.m. on Comcast) Redskins offensive tackle Jon Jansen gives insight during SportsNite into Washington's mind-set after losing to the Giants.

MELODRAMA (8 p.m. on ESPN) Three hours of ESPN's "Playmakers," featuring two repeat episodes followed by the latest installment of the series.

BASEBALL (10 p.m. on ESPN2) Highlights and the latest news on the pennant races on Baseball Tonight.

BY THE NUMBERS: Brandi Chastain, a star defender for the U.S. Women's World Cup team, is expected to miss seven to 10 days worth of practice and games after she broke a bone in her right foot when the Americans defeated Sweden 3-1 Sunday at RFK Stadium. It is possible Chastain could return in time for the World Cup's quarterfinals, which take place Oct. 1.

In Brief

KOBE BRYANT

Bodybuilder Charged With Threatening Bryant Accuser

Prosecutors charged a Swiss bodybuilder Monday with solicitation of murder for allegedly offering to kill the woman who accused Los Angeles Lakers star Kobe Bryant of rape. Patrick Graber, 31, also was charged with solicitation to dissuade a witness, the district attorney's office said. Prosecutors recommended bail be set at $1 million. If convicted, he would face up to 12 years in prison. (AP)

PRO FOOTBALL

Vikings' Culpepper Expects To Play Despite Sore Back

Daunte Culpepper will be listed as doubtful for this weekend with three cracked bones in his back, but the Minnesota Vikings' star quarterback still expects to play. "I'm all right, man," he said. "It's just a little sore." Culpepper was hurt late in the second quarter on Sunday at Detroit when he was hit by linebacker Wali Rainer in the end zone after his second rushing touchdown of the game. (AP)

Culpepper

PHILADELPHIA

Gaines' Parents Sue Priest

The parents of a University of Pittsburgh football player who died after he fell through a church ceiling have filed a civil lawsuit against a priest accused of giving the teen alcohol in the hours before his death. Billy Gaines, 19, from Ijamsville, Md., died in June while attending a cookout at the St. Anne Catholic Church that police said was hosted by the Rev. Henry Krawczyk.

The complaint also names the Diocese of Pittsburgh, the United States Conference of Catholic Bishops and three Pittsburgh-area parishes. (AP)

PRO FOOTBALL

Faulk's Broken Hand Leaves Him Sidelined for a Month

St. Louis Rams running back Marshall Faulk will be sidelined for four to six weeks with a broken left hand. Faulk suffered the injury when his hand struck a defender's helmet in Sunday's 24-23 loss at Seattle. (AP)

The Stone Diaries

From mat monkey to (serious?) movie star, The Rock thinks big

PERSONALITY | Did you hear the one about the professional wrestler who became a big Hollywood action star? Now he wants to do comedy — maybe even a "Gosford Park"-like drama.

Seriously. Dwayne "The Rock" Johnson is best known as an imposing trash-talker in the wrestling ring and a menacing assassin on the big screen. But he has giant plans for his fledgling movie career.

The 31-year-old athlete hopes to make audiences laugh in his newest movie, "The Rundown." In it he plays an enforcer-for-hire looking to get out of the business after one final job.

He also wants to make audiences cry — or at least to look past his 6-foot-5-inch frame of rippling muscle — in his next movie, a remake of the classic '70s drama "Walking Tall." And who's gonna tell this guy, a seven-time WWE titleholder, that he can't do it?

The son and grandson of professional wrestlers, Johnson was destined to go into the family business. At 24, he became the youngest Intercontinental Champion in WWF history. But all along, Johnson idolized Sylvester Stallone, Harrison Ford, Mel Gibson, Bruce Willis and, of course, Arnold Schwarzenegger.

MYLES ARONOWITZ/UNIVERSAL STUDIOS

LIKE A ROCK: Dwayne Johnson peers anxiously into the future. Or at the buffet.

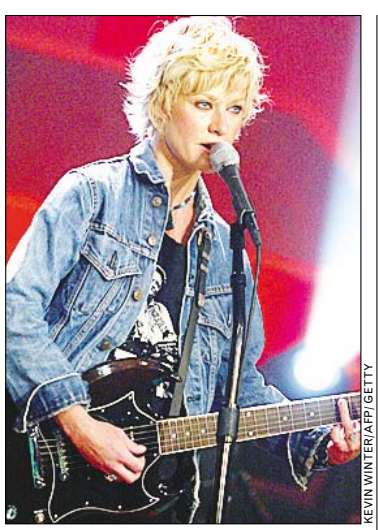
The California native first revealed aspirations beyond the mat when he hosted "Saturday Night Live" a couple of years ago; the stone man came to life as articulate, driven and funny. Guest roles on other TV shows led to a small but memorable part as Brendan Fraser's nemesis in the action epic "The Mummy Returns," which in turn spawned a starring role in "The Scorpion King."

Johnson says after "The Scorpion King" he was looking for a movie project that was funny as well as action-oriented. Developed and written for Johnson, "The Rundown" offers the man once known as "The People's Elbow" a chance to show his funny bone.

Having just completed production on "Walking Tall," based on the life of a Tennessee sheriff who cleaned up his town armed with a big stick, Johnson is gearing up for his next projects. He is slated to star in the $100 million action-adventure "Spy Hunter," based on the popular arcade game.

He also hopes to work into his schedule a broad comedy along the lines of "Paper Moon" that will team him with a child. ANGELA DAWSON (ENTERTAINMENT NEWS WIRE)

Finding Shelby



KEVIN WINTER/AFP/GETTY

Lynne's soulful passion, on the boil for 12 years, erupts on "Identity Crisis."

MUSIC | It took the fiercely independent Shelby Lynne a dozen years of navigating record industry minefields to make "Identity Crisis" (Capitol), an album that properly showcases the raw passion and soulful instincts that always seemed within her reach.

When the dark, tormented strains of 2000's "I Am Shelby Lynne" didn't connect with record buyers, Lynne set out in 2001's "Love, Shelby" to make a lighter, more radio-friendly album. When that uneven work failed to bring her a wider audience (and caused some old fans to scratch their heads), Lynne turned once more to her daring side — with mostly marvelous results.

"If I Were Smart" is the most moving torch song Lynne has written, and her vocal captures brilliantly the disabling pain of losing a soul mate — an ache so bad that it may be better to sacrifice all feeling rather than risk being hurt that way again. "If I were smart, I wouldn't have a heart," Lynne sings.

Other tunes, notably "I Don't Think So," also express the isolation of "I Am Shelby Lynne," but she also steps beyond the shadows of that album in bright, even playful ways. "Lonesome," a lushly orchestrated country ballad, is an even better Patsy Cline salute than LeAnn Rimes's "Blue."

There are a couple of rough spots (including the unchecked anger of "Evil Man" and the cosmic undercurrents of "One With the Sun"), but the heart of "Identity Crisis" mixes country, soul, pop and rock influences in ways that are wonderfully heartfelt and true. ROBERT HILBURN (LOS ANGELES TIMES)

Top Stops

FOR COMPLETE EVENT LISTINGS SEE WASHINGTONPOST.COM/ENTERTAINMENT

Oscar Buzz: Fashion Chat

1 Designer Oscar de la Renta gets personal about his life and his career making extravagantly elegant clothes for society ladies when he visits with NPR's Susan Stamberg.

Museum of American History; 14th Street and Constitution Avenue NW; 6:30 p.m., free; 202-357-2700. (Federal Triangle)

'End of Days': Rhymes With 'Mayonnaise'

2 You didn't hear it from us, but a film exposing the secret cabal of powerful white American men who decide the fate of the world at their raucous forest retreats has been made. Before it screens this evening, director Harry Shearer discusses — waitaminute, Harry Shearer? You mean that joker made "Teddy Bears' Picnic"? And it's fiction? Well, we still believe it.

Visions Cinema; 1927 Florida Ave. NW; reception at 8:30 p.m., screening at 9:30 p.m. $10; 202-667-0090. (Dupont Circle)

JAIME REYNOSO

Iron fist in a white bread glove: Michael McKean in "Teddy Bears' Picnic."

To Some a Dream: To Others, a Nightmare

3 Right-wing pinup, scourge of namby-pamby liberals, bow-tied neo-con hunk and "Crossfire" co-host — Tucker Carlson discusses his memoir, "Politicians, Partisans and Parasites: My Adventures in Cable News." The hand he has bitten with the release of this book has no comment.

Barnes & Noble; 3040 M St. NW; 7:30 p.m., free; 202-965-9880. (Foggy Bottom)

Continued on page 12

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Entertainment

TopStops

Continued from page 11

Latino Laughs: Reyes of Comedy

4 The days of Paul Rodriguez's self-hating cracks are over. Make way for the 2nd Annual Reyes of Comedy night. Latin stand-up kings include Gabriel Iglesias, Rudy Moreno and Debi Gutierrez. The Congressional Hispanic Caucus Institute and SiTV co-produce this scholarship fundraiser.

Warner Theatre; 1299 Pennsylvania Ave. NW; 7 p.m., $150; 202-628-1818. (Metro Center)

Swinging Stud: Michael Buble at 9:30

5 He's got blue eyes, dark hair, a smoldering-yet-innocent look, and he makes girls go all googly in the knees. Oh, and he sings some stuff, too. Michael Buble (pronounced, to not much improvement, "boo-BLAY") is no Tucker Carlson, but he's a smooth jazz crooner with the mug of an Adonis, and sometimes, that's enough.

9:30 Club; 814 V St. NW; $25; 202-393-0930. (U St.-Cardozo)

AMANDA EDWARDS/AFP/GETTY

Buble is as cute singing standards as he is when elevating old pop songs.

Yo Mama: Yo-Yo Ma

6 Famed cellist Yo-Yo Ma opens the Washington Performing Arts Society's 2003-2004 season in grand style. He'll be playing a world's worth of tunes along with Brazilian guitar duo Sergio and Odair Assad.

Kennedy Center, 2700 F St. NW; 7:30 p.m., $30-95; 202-467-4600. (Foggy Bottom)

HIGHBROW: Word wizard Peter Sokolowski helps celebrate the release of Merriam-Webster's Collegiate Dictionary, 11th Ed., and explain how "phat" got in there. Borders, 5333 Wisconsin Ave. NW; 6:30 p.m.; 202-686-8270.

ON TV TONIGHT

HOLLYWOOD NOTTING HILLS

I'M WITH HER (8:30 p.m., ABC) The red carpet meets the faculty lounge in a new sitcom in which David Sutcliffe stars as Patrick Owen, a dedicated high school English teacher who happens to be dating Alex Young (Teri Polo), a world-famous actress and sex symbol. Any resemblance between this show and "Notting Hill" are strictly intentional.

Patrick and Alex "meet cute" — while out for coffee with his goofball sidekick, Stevie (Danny Comden), Patrick finds himself bitten in the posterior by Alex's just-adopted pooch — but after one pleasant evening, Patrick finds his life upended by gossipmongers and paparazzi. The leads are appealing, but the premise has a short shelf-life.

'NCIS' AKA 'JAG' W/'CSI'

NAVY NCIS (8 p.m., CBS) Mark Harmon plays Leroy Jethro Gibbs, the head of Naval Criminal Investigative Service. Just as the JAG folk handle the Navy's legal woes, NCIS investigates homicides involving Navy personnel.

After a turgid beginning (the words "Mr. President" are uttered about 15 times in 20 seconds), "NCIS" offers the kind of plot twists and gizmo-driven discoveries viewers have come to expect from "CSI."

Gibbs's sidekicks include a quirky coroner named Ducky (David McCallum) and a goth girl lab assistant (Pauley Perrette). Harmon's folksy charm sets the tone — at the end of the day, he settles into his garage workshop to watch the FBI on the nightly news taking credit for his heroism. On an old black-and-white set.

NO RESPECT

8 SIMPLE RULES FOR DATING MY TEENAGE DAUGHTER (8 p.m., ABC) The comedy enters its second season a little more than a week after the death of its star, John Ritter. ABC will air the three episodes that were taped before Ritter died, and will incorporate his character's death into the fourth episode and subsequent plots. I think this is a mistake, but I'll reserve judgment for now.

B-E AGGRESSIVE!

ONE TREE HILL (9 p.m., WB) Basketball stars and half-brothers compete for the affections of the same cheerleader in the new teen soap. KEVIN MCDONOUGH (UNITED FEATURE SYNDICATE)

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Women Seeking Men

SHF, 31, LEO, N/S, 5'7", black/brown, open-mined, enjoys cooking, watching movies, spending time at home, seeks easygoing, fun, open-minded woman, 30-40. ☎688239

SHF, 36, AQUARIUS, N/S, single mom, caring, loving, seeks SW/HM, 40-50, N/S, who is romantic and a gentleman. ☎687763

EDUCATED, PROFESSIONAL SAF, 57, seeks nice, intelligent, white gentleman, 57-65, with similar qualities. For LTR. ☎686805

SBF, 35, IS in search of a B/HM, for cuddling, long walks, nights on the town, and more if we make a connection. ☎678150

SF, 20, 5'4", 140lbs, black/brown, likes working out, reading, travel, sports, music. Seeking SHM, 21-30, with similar interests, for friendship, possible LTR. ☎641792

SBPF, 31, FAIR-SKINNED, feminine, full-figured, with great sense of humor, varied interests. Seeks SPM, 30-40, for friendship, laughs, intelligent conversation, possible LTR. ☎636668

I'M EVERYWOMAN. COSMOPOLITAN SWPF, 36, curly long brown/blue, ISO financially secure, young-looking SWPM, 40-50, athletic build, who wants to share all life has to offer. ☎610019

SBF, 39, 5', 105lbs, medical assistant, Capricorn, smoker, loves to work out. Seeking affectionate BM, 27-42. ☎591022

SWF, 33, ATTORNEY, new to area, tall, blonde/blue-green, Pisces, N/S, sports lover, enjoys traveling and jazz clubs. Seeking tall PM, 34-44, N/S, dog a+. ☎589833

SPACEY, SWEET, THIRTY-SOMETHING DWF mom, 5'4", Pisces, seeks nice, intelligent, good-looking and patient brown/dark-haired WM, 30-46, with free time. ☎589176

NUBIAN PRINCESS. SBPCF, 35, 5'7", H/W proportionate, enjoys weekend trips, park walks, movies, outdoors. Seeking SBCM, 5'11"+, for companionship. ☎767234

SB MOM, 38, 5'5", would like to meet a man who loves children, bowling, biking, movies and other fun things. ☎520455

SWPF, CHRISTIAN, 5'8", blue/blond, easy-going, flexible, young-at-heart, loves kids,(mine are grown). Likes fun and excitement. Seeks WPCM, 40+, for companionship, Possible LTR. ☎500473

FUN SBF, 18, 5'2", Leo, non smoker, seeks woman, 18-29, race is not important, let's have fun and enjoy life! ☎484641

SB WIDOW, 22, 5'4", caramel complexion, Pisces, N/S, seeks SBM, 22-27, for romantic LTR. ☎446109

FEMALE SPORTS FAN. SBPF, 37, enjoys working out, travel, cooking. Seeking SBPM, 32-42, N/S, with similar interests. ☎644991

AFRICAN LADY. SBF, 32, 5'9", looking for SM, 40+, race open, for long-term relationship. No games please. ☎610855

SASSY SPF, 37, N/S, enjoys working out, movies, travel, reading. Seeking mature SPM, N/S, N/Drugs, with similar interests, to enjoy life with. ☎439614

EXTREMELY ATTRACTIVE, FIT SWPF, 28, personable, laid-back, kind, athletic, fun-loving, seeks very attractive, fit SWPM, 26-35, with similar traits, for LTR. ☎399790

SBF, 36, SCORPIO, I enjoy movies, outdoor activities. Seeking SBM, 36 to 48, for friendship first. Call me! ☎316044

36-YEAR-OLD, AFRICAN-AMERICAN SF, 5'3", 150lbs, dark brown complexion, brown hair, no kids, laid-back, enjoys movies, plays, concerts, outdoor events, seeking gentleman, 35-40, with similar interests. ☎673648

OUTGOING SBF, PRE-SCHOOL teacher interested in outdoor/nature activities, cultural/current events. ☎667109

ARE YOU READY for love? Smart, classy, intelligent, college-educated, attractive, BBW, 30s, seeks strong, intelligent, honest, affectionate, gentleman with sense of humor. ☎662636

24-YEAR-OLD SBF, 5'6", 120lbs, medium complexion and a great personality. Looking for a S/DM 26-55. I travel often but would like someone I could in enjoy my free time with. ☎650047

EDUCATED, WORKING, 22-32, tall, 6'2"+, dark SM sought, must enjoy dancing, good communication. ☎653471

ATTRACTIVE SBF, 26, one child, shapely, HPTW. ISO SW/HM, 26-32, for fun, going out, companionship. ☎570005

SBF, BROWN/BROWN, 5', enjoys movies, walking on the beach. Seeking military SBM, 25-35. For casual dating. ☎542926

SBCF, 32, HONEST, enjoys sports, children, family, travel, movies, quiet evenings. Seeking outgoing SCM, with similar interests, for friendship, possible LTR. ☎511526

DYNAMIC SBPF, 36, Afro-Brazilian, loves jazz, concerts, laughter, getting caught in the rain. ISO SBPM, 35+, mature, funny, spontaneous, willing to enjoy the small things. ☎496477

SBF, 38, 6', 145lbs, fit, enjoys sports, movies, dining out, travel. Seeks SWPM with similar interests. ☎356120

SBPF, 38, 5'8", 140lbs, well-traveled, intelligent, attractive, friendly, enjoys concerts, dining, sports, romance. Seeking attractive, professional, secure SBM, 36-48, who works hard and plays hard. ☎484588

DBF, 38, 5'5", 120lbs, enjoys walks, reading, traveling, music, the beach. Seeking honest, sincere man, for friendship first. ☎440790

ATTRACTIVE SBF, 33, 5'11", medium build, enjoys music, dancing, movies, travel, sports. Seeking tall SBM, 30-40, with similar interests, for friendship, possible LTR. ☎344223

SAPF, 38, SEEKS honest, sincere, good hearted, educated SW/APM, 35-48, N/S, who enjoys nature, music, for LTR. ☎895164

SBPF, 29, 5'3", 145lbs, very attractive, down-to-earth, great sense of humor, lots of fun, very intelligent. Seeking tall SM, 33-41, with similar qualities. ☎304276

SINGLE INDIAN CF, 30, would like to meet a person who is kind, understanding, sincere, truthful, faithful, and loving, between ages of 29-40. No games. ☎644865

PROWLING CARIBBEAN WOMAN. SBF, 32, enjoys dancing, movies, play wrestling, holding hands and cuddling. Seeking loving, independent, honest, romantic, non-smoking SM, 32-40. ☎646068

BLACK BEAUTY, 31, 5'8", professional, retired model, well-read, well-traveled, outspoken, classy, intelligent, French-speaking exotic lady ISO tall, intelligent, secure WM, 35-55. Call now. ☎648661

RUSSIAN LADY, 35, attractive inside and out, Fit, educated, ISO SWPM, 36-45, Sincerity and honesty a must. Reliable, established, ambitious, interested in LTR. ☎607135

FRIENDS FIRST WITH long-term prospects. SBPF, 33, smart, sweet, attractive, seeks SBPM, 30-45, intelligent, honest, witty, and spiritual. ☎638484

CUTEY PIE. SBF, 26, 5'11", with a caramel complexion and light eyes, wants to meet a man who appreciates a shapely woman. ☎617959

DWPF, 37, SINGLE mom, home owner, enjoys dancing, the beach, film, travel. Seeking honest, very attractive man with common interests and lifestyle. ☎544186

VERY OUTGOING SBF, 34, 5'3", 145lbs, fit, in search of sincere, kind gentleman, 29-39. I have too many interests to list here; call, we'll talk! ☎469865

LOVING, COUNTRY, SWF, 39, seeking caring, loving, enjoys movies, crafts, the outdoors. Seeking a compatible SWM, 40-48, for dating and possible relationship. ☎460905

ATTRACTIVE, MEDIUM BUILT Female, 31, Cancer, N/S, seeks WM, 28-34, who likes good times, home cooked meals and with great personality. ☎452807

ATTRACTIVE, FULL FIGURED SBF, 28, Leo, non smoker, who enjoys sports, outdoor activities and dancing. Seeking HM, 25-35, with similar interests. For friendship. ☎453458

ATTRACTIVE SB MOM, 33, down-to-earth, caring, enjoys movies, dining, outdoors. Seeking honest, caring SM, 30-39, race open, for friendship first. ☎393133

BLACK-HAIRED, SLIM, ATTRACTIVE SWF, Pisces, 39, 5'6", 125lbs, down-to-earth, loves to laugh, enjoys dining, local events, holding hands. Seeking caring, loving SWM, 43-56, for LTR. ☎526428

TALL, BEAUTIFUL, BLACK, plus-sized professional female, 32, ISO tall professional male, 32-40, for dating. ☎640310

SBF, 31, CAPRICORN, N/S, loves swimming, horseback riding, golf. Seeking BM, 23-36, for dating. What are your pastimes? ☎584061

SEXY SBF, 29, 5'5", 140lbs, long/brown, outgoing, professional, affectionate, loves comedy shows, beaches, and concerts. Seeking attractive, outgoing, independent, intelligent, WM, 29-45, N/S. ☎590049

SBF, 23, ARIES, N/S, mother, loves going out to eat, and just being herself, seeks man, 26-35, for dating. ☎573347

ACROSS THE BAY Bridge you must travel to meet this full-figured SBPF, 37, N/S. But I'm worth it! Ready to meet SPM, 30-55, N/S,any race, for LTR ☎579355

B/AF, 38, SEEKS LTR. 5'2", size 16, wears it well. One child. Likes movies, comedy, walking, and sports events. Seeks tall, dark, strong, kind, honest man. ☎548897

ATTRACTIVE, FULL-FIGURED SBF, 27, seeks mature, handsome, down-to-earth SBM, w/sense of humor, 27-38, 225lbs+, 5'10"+, for friendship, to enjoy outdoor activities. Dating first, possible LTR. ☎559393

PETITE SBF, 36, no children, interests include music, movies, reading, cultural events, dining out. Seeking a gentleman with integrity, intelligence, and essence of romance. ☎540858

ALLURING, WELL-BRED WOMAN, 18, 150lbs, brown/brown, seeks attractive, outgoing GF who enjoys music, dancing, movies, and quiet evenings at home. ☎546253

SF, 30, ENJOYS football games, baseball and hockey, beaches, mountains, hiking, fishing, outdoors, picnics, sunsets, holding hands. Seeking SWM, 28-40. ☎524427

SF, 36, WOULD like to meet a strong-minded, good-looking, funny, successful, intelligent, sensitive, communicative, honest man, 35-50. ☎525711

A GREAT GIRL! SWPF, 33, in search of SWPM, 30-35. Give me a call, let's talk and get to know one another! ☎528048

SWF, 38, 5'8", Catholic, enjoys biking, beach, hiking, dining out and dancing. Seeking SWM 35-48, N/S, for friendship and possible LTR ☎527706

ASIAN BEAUTY, 35, cute, petite, adorable, independent, educated lady, ISO SWPM, 30-38, tall, educated, unique, N/S, for friendship possibly LTR. ☎528566

SBF, 39, PISCES, N/S, seeks BM, 39-49, N/S, who is professional, and is honest. For a very serious relationship. ☎407432

SWF, 39, TALL, blonde, former model, enjoys travel, dining out, movies, dancing, shopping, quiet evenings. Seeking outgoing, secure SM, with similar interests, for friendship, possible LTR. ☎511942

OPEN-MINDED, AFFECTIONATE DPF, 37, seeks SWPM, 38+, N/S, mature, intelligent, kind, for romance, leading to commitment and family. ☎512872

VIBRANT, FULL-FIGURED SBF, 37, 6', enjoys theater, dining out, reading, and museums. Seeking SBM, 27-37, for LTR. Serious inquiries only, please. ☎513337

VERY ATTRACTIVE, INTELLIGENT SWPF, 35, brown/green, enjoys art, music, playing piano and trying new things. Seeking tall, handsome, kind SWPM, for LTR, family. ☎488208

CHANCE FOR ROMANCE. SBF, 36, 5'3", 165lbs. Educated, affectionate, down-to-earth, feminine, childless. Looking to develop, build, and create the impossible with you, SBPM, 38+, N/S. ☎495690

ATTRACTIVE, FUN, OUTGOING Female, 29, Scorpio, non smoker, seeks outgoing, fun, friendly WM, 27-37, for friendship, possible more. ☎484683

ATTRACTIVE SBF, 38, Aries, N/S, enjoys computers, traveling and parks, outdoors. Seeking outgoing, fun BM, 35-45, N/S, for dating and more. ☎486563

SOUTHERN GAL, 37 SBF 5'2", down to earth, enjoys concerts, movies, quiet times at home. Seeking SBPM, 35-45, for friendship and possible LTR. ☎486549

GENTLE, BROWN-SKINNED WOMAN, 36, radiant smile and natural beauty, seeks kind-hearted, fit gentleman, 37-45, N/S, for nature outings, cultural events, and relaxed conversation. ☎470350

FOOTBALL AND KID luv'n SWPF, 40, N/S, brunette, full-figured, athletic, children's pastor, seeks Christian S/DWPM of character, w/passion for life. Interested in LTR, possible marriage. ☎481912

SBP MOTHER, 35, N/S, is attractive, classy, honest, athletic, and seeking SBM, 38-45, who is secure, established, spiritual and honest. ☎472850

COOL WORLD. GREAT-LOOKING SB Taurus, 36, is passionate, loving, kind and looking for the same in a great guy. ☎473074

SF, 35, TS, very open-minded, loving, enjoys cooking, music, movies, hiking, outdoors, shopping. Seeking SM, 24-38, with similar interests and who is looking for LTR. ☎461365

ATTRACTIVE, FUN, ENERGETIC SBF, 18, 5'7", 195lbs, Leo, N/S, enjoys romance, sports. Seeking for an active, loving WM, 19-21, N/S, for dating. ☎452788

ATTRACTIVE SBF, 36, Cancer, N/S, seeks man, 36-55, who likes to give attention and receive. ☎559839

ATTRACTIVE, EDUCATED SBF, 36, Gemini, N/S, seeks WM, 36-40, N/S, who is educated , with no children, for LTR. ☎452998

SHF, 36, SCORPIO, N/S, seeks WM, 36-45, N/S, who is spontaneous and likes to have fun. ☎443295

SBF, 33, CANCER, N/S, seeks BM, 25-40, N/S, for dating/LTR. ☎441357

DOWN-TO-EARTH SBF, 37, Capricorn, smoker, enjoys movies, beaches. Seeking loving, caring, down-to-earth SM, 31-48, possible relationship. ☎433059

SBF, 23, 5'6", 135lbs, very attractive, outgoing, enjoys travel, dining out, museums, wine tasting. Seeking down-to-earth, outgoing, handsome SM, with similar interests, for friendship, possible LTR. ☎427265

SF, 38, FULL-FIGURED, vegetarian, new to Maryland, originally from LA and Vegas. Seeking open-minded, interesting, moral SM, 33-50, N/S, for companionship. ☎418022

ARE YOU THE honorable, articulate, handsome, SBPM, 5'10+, 35-40, for this opinionated, outgoing, attractive, SBPF 38? Lets find out. ☎412913

SBPF, 33, NO kids, attractive, fit, tall, enjoys sports movies, dining out. Seeking tall fit, SBPM, 31-38, with sense of humor. ☎417473

VOLUPTUOUS BABE. ATTRACTIVE, long haired, full-figured SBF, 36, 5'7", N/S, with large variety of interests, seeks tall BM, 34-42, N/S, financially secure. ☎956998

SBPF, 26, 5'7", 160lbs, seeks tall SPM, 24-30, 6'2"+, with a good sense of humor, for friendship, fun and possible LTR. ☎389196

BF, 35, TWO children, looking for a SM, 35-50, 5'10"+, for friendship and conversation first, maybe leading to more. Must like children. ☎387069

ATTRACTIVE BF, 30, in search of a WM, 31-39, for LTR. Must love children. If you're that person, give me a call. ☎389656

SF, 34, LIKES playing pool, biking, dining out, movies, clubs, quiet times at home. Seeking mature SM, 33-40, ready to be in a serious relationship. ☎379878

I'M SBF, 32, attractive, full-figure, professional, nice person, outgoing, I enjoy cooking, movie. Seeking BM, 30-40, N/S, mature, responsible, attractive for companionship. ☎307053

IN SEARCH OF an honest man with a good sense of humor and a love for children, for quality time with this SWF, 28. ☎330886

EXOTIC, SBF, 31, French speaker, attractive, fit, open-minded, no kids, ISO S/DM, 31+, race open, N/S, drug/disease free, honest, financially secure, ready for a committed relationship and family. ☎955559

SBF, 34, 6'0", light, skin, attractive, tall, slender, free-spirited, N/S. Seeking WM, 35-52, tall, romantic, financially independent for friendship and possible relationship. ☎306329

DBF, 38, 5'7", hard-working, business owner, single mom, seeks SBM, 38-45, 6'+, honest, hard-working, romantic, responsible, for LTR. ☎299267

SBF, 32, PISCES, N/S, with kids, seeks SM, 32-60, who enjoys traveling, shopping, for dating, and LTR. ☎293934

ROMANTIC, ATTRACTIVE SBF, 5' 3", 160lbs, Average build, 38, Taurus, smoker, seeks BM, 38-50, smoker, for friendship, possible romance. ☎694039

ATRACTIVE SBF, 21, Capricorn, N/S, seeks honest man, 21-27, N/S, who would like for me to be his princess. Don't waist time. ☎694361

SBPF, 27, MOTHER, attractive, intelligent, fun-loving and sincere, searching for nice, fun-loving, humorous, professional male. ☎682129

Men Seeking Women

SBM, 30, PISCES, N/S, seeks BF, 24-46, N/S, who is spiritual and looking for real love. To date and possibly LTR. ☎693195

OUTGOING, INTELLIGENT AND handsome SWM, 6' 6", Athletic build, 39, Pisces, N/S, seeks fun, outgoing, spontaneous WF, 27-45, for LTR. ☎694247

HANDSOME, OUTGOING, ATHLETIC SBM, 6' 2", Slim build, 19, Virgo, smoker, who enjoys playing the drums. Seeking woman, 18-23, for friendship, possible romance. ☎694434

GOOD-LOOKING SBM, 5' 6", Average build, 31, Taurus, smoker, seeks BF, 24-31, for LTR. ☎694648

COLLEGE-EDUCATED SWM, 5' 10", Average build, 42, Taurus, N/S, enjoys helping people relax. Seeking woman, 22-49, for friendship, possible romance. ☎694710

HANDSOME, OUTGOING, INTELLIGENT SBM, 5' 11", Slim build, Leo, N/S, seeks BF, 18-21, N/S, for friendship, possible romance. ☎693458

SWM, 32, 6'2", 185lbs, well-built, dark/green, very active, Pisces, N/S, seeks WF, 34-42, N/S, for friendship, possible romance. ☎684842

SBM, 37, EMPLOYED, enjoys winter fun, cuddling, watching sports, dining. Seeking nice, soft-spoken, level-headed, good-humored, ambitious lady to share life, laughs and lasting love. ☎682291

SBM, 24, CONSTRUCTION worker, likes outdoors, movies, dining out, conversation. Hoping to meet the girl of my dreams. Must be marriage-minded. ☎681643

SM, 58, LIKES travel, movies, dining out, dancing. Seeking loving, sincere lady to share the rest of my life with. Serious inquiries only. ☎669605

SBM, 38, 6'1", 190lbs, chef, likes cooking, movies, dining out, dancing, travel, reading, music. Seeking tall, full-figured, pretty woman for special moments. ☎672265

GIVE ME SOME love! SM, 23, looking for a female, 18-30, who likes beaches, having fun, and much more! ☎666850

SM, 25, 5'10", 158lbs, black/brown, nice tan, athletic build, likes fishing, hunting. Seeking a female counterpart, 20-29. ☎667162

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SM, 28, LOVES snow, beaches. Looking for thin, attractive, intelligent, fun-loving for friendship first. If it grows, we can expect more! ☎668422

SWCM, 34, N/S, moral, Southern Baptist minister, does security work, enjoys dogs, dining, church events, enjoys sporting events, seeks SWCF, 30-37, N/S, with similar interests. ☎689070

NEW TO THE area, SBM, 35, 5'10", 201lbs, is in search of an adventurous, spontaneous woman, 21-35, for friendship, romance and more. ☎682575

THE HOLIDAYS. SWM, 25, 5'11", 170, honest gentleman, N/S, N/D, N/Drugs, no kids, ISO, similar SWF, 25-35, to spend the holidays with. Capitol Heights area. ☎689138

SWPM, 30, 6', easygoing, intelligent, honest, sense of humor, enjoys travel, fitness, comedy, movies. ISO slender, intelligent SF, 22-32, for friendship, possible LTR. ☎963007

LIFE'S SHORT. SBM, 34, Capricorn, N/S, 6'7", 265lbs, hazel eyes, police officer, former basketball player, seeks woman, 26-39, N/S, for fun and dating. ☎674231

SWM, 36, SEEKS SWF, Pisces, Cancer or Capricorn, who is interested in building a new life together, with children, family, friends, love, romance, happiness. Simple. ☎675394

SWM, 31, 5'10", athletic build, Aries, N/S, loves camping in the mountains, plays soccer. Seeking WF, 23-33, N/S, for friendship, possible romance. ☎665914

SWM, 37, 5'11", average build, self-employed, Virgo, N/S, seeks woman, 50-73, for adventure, fun, dining out, and intelligent conversation. ☎653040

SBPM, 35, 6'3", with a caramel complexion and a football player's build, seeks a woman who stays active. ☎649443

SB DAD, 31, 5'10", 225lbs, wants to meet a woman for friendship, companionship and maybe more with time. ☎621396

SOMETHING SPECIAL: CONVERSATIONAL, handsome, fit, outgoing, sincere, creative, hard-working 36-year-old SM with many interests. All that's missing is you... ☎622596

33-YEAR-OLD SWPM POLICE officer, handsome, in-shape, no children, ISO very attractive, in-shape SW/H/AF, no children, for friendship and fun, possible LTR. ☎610476

SAM, 30, TAURUS, smoker, from Pakistan, seeks honest, refined SAF, 25-30, for dating and LTR. ☎581414

DBM, 32, FIRST time placing an ad, father of one, calm, adventurous, fun-loving, athletic, likes to eat, was professional softball player, seeks compatible woman, 30-45. ☎570607

SBM, 27, WOULD like to meet a woman with an open mind and a sincere heart, for good times together. ☎533676

INTELLIGENT SWM, 24, enjoys reading, movies, dining out, travel, sports. Seeking beautiful, smart girl, with similar interests, for friendship, possible LTR. ☎515168

WM, 5'10", 185LBS, dark brown/brown, looking for a woman, 24-33, who is laid-back and secure. ☎494329

HANDSOME, SECURE SBM, 30, 6'2", 195lbs, Virgo, N/S, seeks woman, 21-35, with similar qualities, could it be you? ☎455104

MEDIUM BUILT, ATTRACTIVE SBM, 37, Cancer, N/S, seeks BF, 34-40, N/S, for dating/LTR. ☎404928

DWM, 27, 5'7", 165lbs, brown/hazel, good-looking, single dad of two daughter, hoping to meet a nice woman to settle down with, for friendship, possible LTR. ☎340859

TALL DWM, 34 years old, 6'7", 230lbs, brown/brown. I enjoy football, hockey, classic rock, and more. Seeking honest S/DWF, 24-38 years old, with a thin-average build, for LTR. ☎950752

SWM, 31, PISCES, N/S, financially secure, goal-oriented, loves all the outdoors has to offer, dining, movies, bowling, seeks SWF, 23-33, similar qualities, no children. ☎625632

SBM, 30, SMOKER, HIV+ is searching for a special SW/BF, 20-45, HIV+, to share quiet times at home and conversation, hopefully leading to a LTR. ☎595495

SAM, 35, ATTRACTIVE, successful professional, seeks smart, funny, pretty W/HF, 25-35, for dating, possible LTR. ☎589764

TAROT READER. SWM, 34, 5'7", 190lbs, hazel eyes, N/S, Gemini, enjoys bicycling, food, church, travel, and tarot. Seeking active SF, with similar interests, for LTR. ☎555841

SBPM INTERESTED IN meeting SW/HF, 30-40, who enjoys movies, walks, dining out. Interested in a friendship first, maybe becoming LTR. ☎555854

PUERTO RICAN, 19-YEAR-OLD, black-skinned guy, w/cornrows, well-built, wants to chill with a woman. ☎552139

SBM, 27, 6'6", 200lbs, seeking down to earth sexy SF, 23-33 for friendship and romance. ☎740301

SBM, 26, PISCES, N/S, intelligent, seeks nice, good-hearted SBF, 23-32, for building a relationship as friends, and maybe more. ☎660523

SWM, 23, 5'10", 150lbs, green eyes, adventurous, gear head, good sense of humor. Seeks stable SF, 21-29, who likes travel. Friendship first, possible LTR. ☎654746

LAWYER, WEIGHTLIFTER, TRAVELER. SWM, 35, enjoys long walks, old movies and shopping. ☎962559

HANDSOME, OUTGOING, FUN SM, 39, Virgo, smoker, enjoys movies, dining out, dancing. Seeking woman, 18-45. ☎467050

SBM, 22, VIRGO, smoker, 6'2", light complexion, employed, attractive, independent, seeks special SBF, 18-20, N/S, for relaxing and dating. ☎625997

SWM, 24, IS hoping to meet a woman to talk to and share the fun stuff of life with. ☎620357

CHOCOLATE LOVER. SWM, 34, enjoys walks, dining, movies, rides Harley, ISO SBF, 28-40 for LTR. ☎963107

SBM, 37, 5'9", 185lbs, is in search of a woman who believes in honesty, humor and independence. ☎620672

ROMANTIC SBM, 27, Taurus, N/S, enjoys dating, video games, movies. Seeking SBF, 20-30, N/S. ☎466852

GOOD-LOOKING SWM, 39, 6'1", 190lbs, brown/brown, fit and healthy, seeks good looking SF, under 35. ☎458353

ATTRACTIVE, EDUCATED SBM, 37, 6', Leo, N/S, loves outdoors activities. Seeking outgoing, easygoing SBF, 28-42, N/S, kids ok, with same interests. ☎358169

ITALIAN SWM, 35, Scorpio, N/S, enjoys traveling, beached, long weekends, dining out, movies, working out. Seeking SWF, 25-35, to spend the holidays with, for LTR. ☎875644

SWM, 38, LIBRA, N/S, 5'11", 195lbs, likes walks, movies, dining, fishing, seeks SWF, 32-42, with similar interests. ☎624560

YOUNG, ECLECTIC SBM, 18, 5'11", likes swimming, bowling, reading, movies, all types of art. Looking for Asian female, 18-20, with similar hobbies. ☎605043

Men Seeking Men

SBM, 5' 4", Athletic build, 24, Scorpio, N/S, who enjoys having fun see. Seeking BM, 18-28, N/S, for friendship, possible romance. ☎694734

HANDSOME, FUN SAM, 25, Gemini, N/S, seeks responsible man, 30-45, N/S, who likes to dance and likes movies. ☎694806

SHARE MY LIFE! SM, 24, in search of a quiet female, 21-30, who enjoys time at home and indoors. ☎668505

GM, 47, 6'4", 275lbs, rugged, masculine, likes buffalo wings, country music, movies. Seeking open, honest GM, with similar interests, to settle down with. ☎646686

I LOOK GOOD! SM, 30, 6', 200lbs, nice lips, looking for a similar guy to meet! Casual relationship. Holler back. ☎683217

SHM, 28, VERY hot and very nice. Seeking attractive SH/WF, 18-30, for friendship first or possible LTR. D/D free. Virginia area only. For good times. ☎720620

ROCKVILLE, GAITHERSBURG, BETHESDA. Would like to meet other professional, cute, masculine guys under 35 in the area. ☎663806

HANDSOME, OUTGOING GBPM, 27, 6', 210lbs, seeks non-smoking GF, 25-40, fun, friendship, possible LTR. Serious inquiries only. ☎642151

SBM, 18, WITH a light complexion, wants to meet a more masculine man, 6'+, for some good times and more. ☎649546

SHM, 23, 5'8", 185lbs, Aquarius, N/S, enjoys music, cooking movies, and video games. Seeking man, 18-65, TV or TS, for friendship, possible romance. ☎668809

Women Seeking Women

OUTGOING, INTELLIGENT, CARING SBF, 5' 4", Athletic build, 36, Leo, smoker, seeks honest woman, 25-40, for friendship, possible romance. ☎694511

SBPF, 35, LIBRA, N/S, patron of the arts, seeks honest, sincere, fun-loving PF, 30-40, for friendship, possible romance. ☎654806

HELLO LADIES. ATTRACTIVE, feminine GBF, 33, N/S, 5'9", honey complexion, no kids, fit, seeks attractive, intelligent, feminine GBF, 35-45, N/S, spiritual, not shallow, not materialistic. ☎624586

FUN, EASYGOING SBF, 38, enjoys hanging out, going to the beach, exercising, having fun, enjoying life, looking for friendship, with a SBF, 40-45, no drama. ☎676447

GWF, 27, SOFT-BUTCH, likes hiking, walking, reading, quite evenings at home. Looking for special GF for friendship and...? ☎545365

36-YEAR-OLD, BLACK-JAMAICAN, FULL-FIGURED lesbian, nurse, homeowner, independent, seeks black lesbian, 37-48, N/S, who is serious about a relationship, DC area. ☎622526

FEMININE, ATTRACTIVE SF, 38, intelligent and independent, loves books, traveling and exploring life. Seeking ambitious, assertive lady, 36-45, not into games, to compliment me, for friendship, more. Serious replies only. ☎835326

You Caught My Eye

MCI CENTER 8/25. Elizabeth: we talked outside of Christina/Justin Concert about corporate suite. I should have gone inside with you and your friend. Please call! ☎656535

BORDERS IN GERMANTOWN 8/17/03, 5:30pm. You: black pants, striped shirt. Me: jeans shorts, white polo, helmet. I can speak. May I demonstrate over lunch or dinner? ☎639045

BEAUTIFUL BLONDE ON stalled train to Bethesda. We were coming from Crystal City. You said you were taken but I want you for myself. ☎645423

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Health & Fitness

RICH LIPSKI/TWP

DON'T LOOK NOW: Gyms should consider mirror-free zones, say the authors of a study showing that women who work out in front of mirrors feel worse afterward.

Mirrored Images

Watching yourself work out is a real downer, study finds

FITNESS | Mirrors are as common as paint on the walls of health clubs, but what is so inspiring about watching yourself gasping and drenched in sweat?

For exercise novices, not much, according to a study in the journal Health Psychology, which found that women who exercised in front of a mirror felt worse than women who exercised without them.

Researchers at McMaster University in Hamilton, Ontario, looked at 58 sedentary women with an average age of almost 21. The women rode exercise bikes, once in a mirrored room and once with the mirrors covered by curtains.

When the women could watch themselves in the mirror, they wound up feeling worse than they did when they couldn't see themselves. The mirrored rides left women feeling less calm and more fatigued. Even women with high body-image scores felt worse, said McMaster researcher Kathleen Martin Ginis.

Other studies have found that gazing into a mirror tends to make a person feel worse, Ginis said. Exercise, on the other hand, tends to make people feel better about themselves, and the study was designed to see if the exercise effect outweighed the mirror effect.

IRA DREYFUSS (AP)

Stalking fitness: Before locker room photos of customers show up online, local gyms are banning cell phones with cameras. In today's Washington Post, Health.

MOVING CREW

Live Online

Join the Post Health staff, aka **THE MOVING CREW**, Tuesdays at 2 p.m. for help fitting fitness into your life. At washingtonpost.com/liveonline.

Before I had my first baby in May, I was an avid exerciser. Now, four months postpartum, I truly can't find time to work out. Any suggestions for a really quick (say 20 minutes) and effective workout?

For a short but surprisingly intense workout, take a look at one of the workout tapes in the series by The Firm. We've tried a few of them here and like them.

I have read that running up and down stairs is a good way to tone up the backside. Are there any places in Arlington or D.C. that have good stairs to run on?

We canvassed a few Arlingtonians, and none knew of public-venue stairs that can be used for running (any high school track that keeps its doors open to the public would work, though). In D.C., of course, there are the famous "Exorcist" stairs where Canal Road and M Street meet (NoVa-ians can run across the Key Bridge to get there).

Personal Tech

You Can Burn This

Copy-protected CDs grant small freedoms, like a copy or three

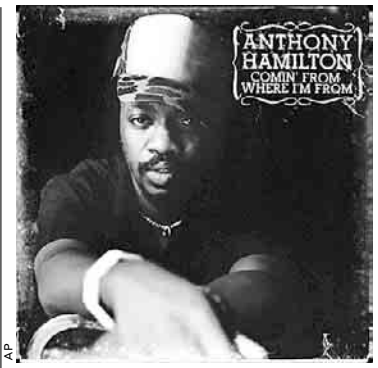
PIRACY | Recording companies are cautiously eyeing a new generation of smart CDs that promise to stifle music fans' ability to use file-swapping networks while still allowing them some freedom to make copies and share music.

Next week, BMG Entertainment's new album by hip-hop singer Anthony Hamilton will be the first commercial release to use a technology that restricts copying yet lets buyers play protected CDs on computers and burn copies onto blank CDs. Fans can even send copies to friends over the Internet.

So far, the top five recording companies, concerned about the technology's effectiveness and a backlash from fans, have largely released copy-protected CDs commercially only outside the United States.

Early copy-proofing efforts prompted complaints that in some cases users could no longer play legally bought CDs on computers, a way of listening the companies now recognize many fans have come to prefer.

BMG is seizing on the new copy-protection advancements by embedding "Comin' From Where I'm From" with MediaMax CD-3 technology from Phoenix-based SunnComm Technologies Inc.



AP

Anthony Hamilton's new CD is designed to discourage mass copying.

With MediaMax CD-3, each song is written onto the CD twice — once in a format readable by standard CD players and the other as a Windows media file. The CD owner can burn each track three times per computer. Songs can also be e-mailed to a limited number of people, who can listen to the song up to 10 times apiece.

SunnComm says that most people, unless they are hackers or truly determined, won't be able to circumvent the limits. Privately, however, some recording industry executives believe the latest copy-protection technology could be easily thwarted. One past effort was defeated simply by blotting out part of the CD with a marker. ALEX VEIGA (AP)

COPY-PROTECTION AND THE BIG FIVE:

- **BMG Entertainment:** Releasing "Comin' From Where I'm From" with technology that lets buyers play the CD on computers, burn copies onto blank CDs and share songs over the Internet on a limited basis.
- **Universal Music Group:** Released four albums last year in the United States on copy-protected CDs.
- **Warner Music Group:** Equipped a handful of releases in Europe and Japan with copy protection. No plans to release any in the United States.
- **EMI:** Now uses some form of CD protection for all commercial releases outside the United Kingdom and the United States.
- **Sony:** Released copy-protected CDs overseas. (AP)

End the confusion: Sunday's Washington Post reviews cell phone plans. Chat about the story with writer Rob Pegoraro at 2 p.m. Monday on www.technews.com.

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Personal Tech

GIZMO | Fastchat

Imagine a walkie-talkie whose range is so wide it reaches halfway around the world. That's what a new software program for cell phones promises — and mostly delivers.

Fastchat allows customers to chat walkie-talkie style across cellular phone services, at home and abroad. The software downloads to your phone when you sign up, either at www.fastmobile.com or at an American Connection store.

RAY STUBBLEBINE/AP

A Fastchat-enabled cellular phone.

For now, however, the $3-a-month service is only compatible with two phones: the Nokia 3650 and Sony Ericsson P800.

The service has some kinks. Because the Internet is being used to relay messages, there are noticeable delays. The voice quality is sometimes shaky, too. And keep in mind that you'll have to adjust to the flow of a "walkie-talkie" conversation instead of a regular telephone call. JASON STRAZIUSO (AP)

The Great Unplugged

WIRELESS | Intel Corp. and the leisure class bible Zagat Survey have produced a guide to the best restaurants and hotels in America that offer wireless Internet access.

The guide includes Zagat's signature, and sometimes snooty, comments on food and decor. It doesn't, however, rate the quality of Wi-Fi hookups on Zagat's traditional 1-30 scale. Or on any scale.

JUSTIN SULLIVAN/AFP/GETTY

Many Bay Area McDonald's offer Wi-Fi, but the chain didn't make Zagat's.

The list of the spots, which covers Chicago, Los Angeles, New York, San Francisco and Seattle, is available at www.intel.com/unwire.

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Playback

Letters

TO THE EDITOR

I HAVE TO RESPOND to yesterday's letter about the U.S. veto of a U.N. resolution. The writer considered the resolution (which condemned the Israeli threats of expulsion — or worse — for Yasser Arafat, and called on both sides to halt aggressive, terrorist tactics) as "virulently anti-Israel." Is that because it insisted that Israel stop threatening to kill important Palestinians, or because the sponsors are Islamic nations? Or is it just because it's critical of Israel's actions?

Why can't anyone just say: "Israel, cool it! Your violent reactions don't work. You're doing much more harm than good — to yourself most of all. A reaction to Arafat's expulsion would be extremely severe. And if Arafat is 'permanently removed,' you will likely find yourself in the middle of a guerrilla war the likes of which have never been seen. You are destroying your country's own future"? Or would that be too anti-Israel?

—LISA VEDECKIS
Alexandria, Va.

A QUESTION: What's the protocol for waking up people who've fallen asleep on the train? I'm worried they'll miss their stop.

—MICHELE CRAIG
Oakton, Va.

WRITE TO EXPRESS
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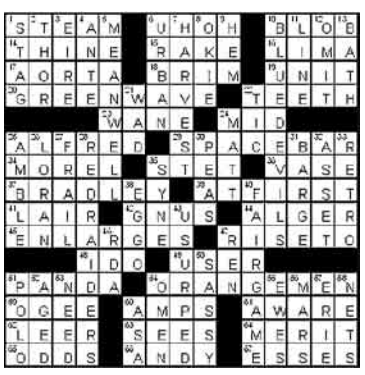
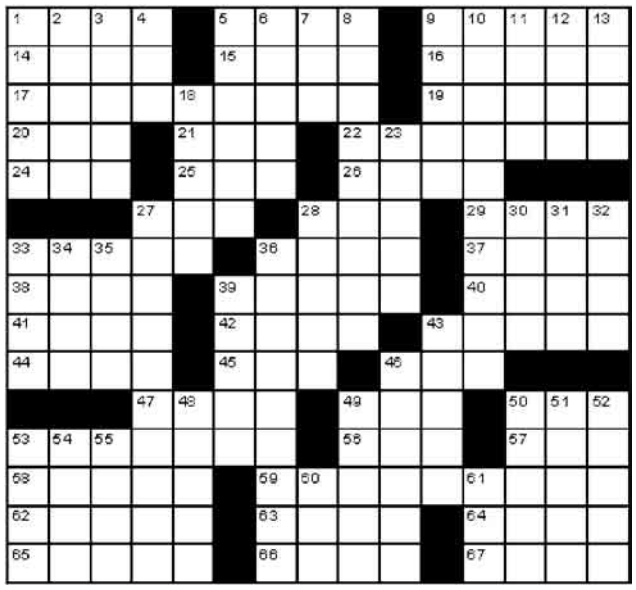
Yesterday's Solutions



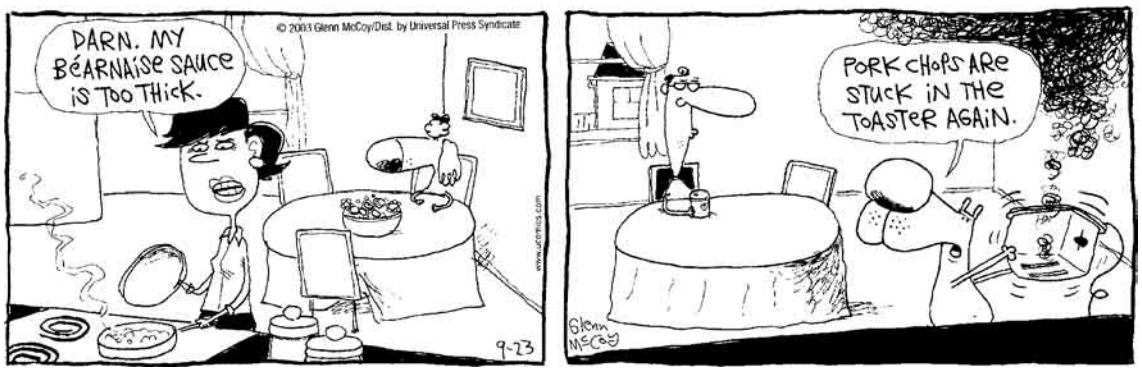
Crossword Puzzle | *Edited by Timothy E. Parker*



ACROSS
1 "God's Little ___"
5 Process a bite
9 Not quite summa
14 Starr-struck instrument?
15 Jungle sound
16 Spring forward time
17 Belle of the ball
19 Brightest star in Virgo
20 Poem originally intended to be sung
21 Juice drink suffix
22 Rejected
24 Alternative to "smoking"
25 One thickness
26 Tuning fork's output
27 Where drives begin
28 Shot target
29 Variable star
33 Hemmed, didn't haw
36 Kind of school
37 Deer's scut
38 Merit
39 Hibernation locales
40 Gossipy tidbit
41 Like diehard fans
42 Swing and Christian
43 Neutral middle vowel
44 Distribute
45 It can be for the course
46 "Murder, ___ Wrote"
47 React to an uppercut, perhaps
49 Actor activator
50 Gremlin's creator
53 Whoop-de-do
56 Has a silver lining
57 Victor at Fredericksburg
58 Cookies with a white filling
59 Newbie
62 Apportion
63 Comes to the rescue
64 The "U" of BTU
65 Sheds feathers
66 Clueless
67 Understands, as a joke

DOWN
1 Build a new room
2 Ideology
3 "American Idol" winner
4 Down Under bird
5 Hold protectively
6 Ingredient in mead
7 Break bread
8 Some combatants
9 Street's boss
10 Trainee
11 It may be silly
12 Pleasantly pleasing
13 "When I Was ___" ("H.M.S. Pinafore" song)
18 Repaired a paper tear, perhaps
23 Brilliant feats
27 Novice Boy Scout
28 Tuck's title
30 "I do," e.g.
31 Panoramic sight
32 Diva Gluck
33 Coal stratum
34 Roof overhang
35 Order in the court
36 Attorney's helper
39 Ostracized person
43 Glossiness
46 Most indisputable
48 Bridge positions
49 Sorority sisters
50 Peake novel "Titus ___"
51 Promotion basis
52 Word with 5, 10, 25 and 50
53 Type of rubber
54 Folk singer Guthrie
55 Title role for Jodie Foster
60 Maracana Stadium locale
61 Bear greeting?

The Duplex | *Glenn McCoy*



Horoscope | *Stella Wilder*

LIBRA (Sept. 23-Oct. 22) — You may have to bend the rules a little, but with a bit of creativity you can solve a problem that develops out of the blue.

SCORPIO (Oct. 23-Nov. 21) — Seek greater rewards — but in a manner that doesn't alienate either co-workers or superiors.

SAGITTARIUS (Nov. 22-Dec. 21) — Make a last-minute adjustment to your facts and figures before trying to make sense of current developments.

CAPRICORN (Dec. 22-Jan. 19) — A sacrifice on your part may be required before you can really help someone close to you who is in need of timely assistance.

AQUARIUS (Jan. 20-Feb. 18) — You never forget a face — or do you? Someone familiar is playing a pivotal role, but you just can't place him or her. Don't hesitate to ask.

PISCES (Feb. 19-March 20) — There is a difference between being hasty, and doing things at a carefully accelerated pace. The difference is important.

ARIES (March 21-April 19) — Differences between you and a friend will be highlighted dramatically before the day is out, thanks to a surprise situation.

TAURUS (April 20-May 20) — Keep certain desires carefully under control, as you try to break a few habits and acquire a few new ones. You're in charge.

GEMINI (May 21-June 20) — Focus on more practical matters, even as you try to balance certain idealistic issues. Get things done.

CANCER (June 21-July 22) — You're working harder than usual for a portion of the day. Later on, you'll have more time on your hands for recreation.

LEO (July 23-Aug. 22) — You're interested in issues that are beyond most others around you — but this doesn't mean you'll understand them fully. Get more information.

VIRGO (Aug. 23-Sept. 22) — Assess all situations as they develop; let nothing escape your notice. Pass on what you learn to others.

POWER OUTAGES

Live Online

From washingtonpost.com/liveonline

IRENE CIMINO, senior spokeswoman for Dominion Virgina Power, was online Monday to discuss continuing power outages in the D.C. region.

Does Dominion work with Pepco and other power companies during disaster relief efforts?

Yes. Dominion works with other neighboring utilities during natural disasters like Hurricane Isabel. Because Isabel's path was also in service areas for Pepco and Baltimore Gas & Electric, we looked to our neighbors in the south for assistance.

We currently have crews from 11 other utilities assisting our efforts, for a combined workforce of 10,000 people.

Please explain why customers should not run an extension cord from one house to another.

The concern is taking an extension cord and running it from the wall socket of one house and then into the wall socket of the house without power. This not only doesn't work, but also creates a dangerous situation if you're trying to run a whole house from an extension cord.

Do you have any tips for what people should do after their power is restored after a prolonged outage?

Turn off major appliances such as heat pumps, water heaters and stoves. Unplug other appliances such as TVs, stereos, microwaves and computers. This will prevent damage to the appliance and possible overloads to the company's system when power is restored.

What is your procedure for working with homeowners when one of their trees takes down a power line?

Dominion crews will safely untangle wires and remove downed wires from your property. However, trees felled by storms, hurricanes and other weather events are the responsibility of the property owner.

Today on Live Online:
NOON: Washington Post Associate Editor Robert G. Kaiser will field questions about the president's speech to the U.N.

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Reneau RE 202-797-0852

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GAITH/KENTLANDS AREA—Fabulous 4-5BR, 4½ ba, 4 lvl. TH, fpl, w-w, w/d, gar., deck, patio. Short term ok. $2095/obo. 301-221-4864

GEORGETOWN/Palisades—4636 Q St. 3BR 2½BA SFH, 1car gar, 2frpl, DR, fncd yrd, lrg deck, avail 10/15, cac, catv, close to GW/AU/GT, adj to prk, Pets ok, $3300/mo, 240-216-8509

GREAT FALLS, VA—Upscale 3BR, 3BA, libr. $2600 inclds utls/catv & net. **No smkg/pets. OLREA, 703-759-6204.**

LA PLATA/415 Patuxent Ct—3BR, 1BA TH, huge kit, lge BR, w/d. for rent or rent w/option to buy. Great for 1st time buyer. Nr Civista Hosp. Susie Moore Associates 301-292-8612

NE/1616 K St—Lg 2BR w/hdwd flr, coin op laundry on premise; close to Hechinger Mall & transp. Sec. 8 OK. $825 inclds heat & hot water. Thomas D. Walsh, 202-237-8488.

CHEVY CHASE/Willoughby—Lge 1BR, $1250 301-986-0414

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People

ACTIVISM

Tag-Teaming for Voters

The body-slamming promoters of professional wrestling and the moguls of hip-hop music are teaming up to bring their fans to what may be an unfamiliar place — the voting booth. The unlikely partnership between World Wrestling Entertainment, led by **JIM MCMAHON**, and the Hip-Hop Summit Action Network, led by **RUSSELL SIMMONS**, seek to increase by 2 million the number of voters ages 18 to 30 in the 2004 presidential election. The nonpartisan partnership also plans to unveil a report on issues important to young voters shortly before the New Hampshire presidential primary in January. (AP)

MATTHEW CAVANAUGH/AP

Mogul Russell Simmons and WWE's Jim McMahon want you to vote.

MIKEL HEALEY

MUSIC

Yes, They Do

Grammy award-winning singer **MELISSA ETHERIDGE** exchanged vows with her girlfriend, actress **TAMMY LYNN MICHAELS**, over the weekend, the singer's publicist said. Etheridge wore a beaded linen jacket and crepe trousers in Saturday's ceremony while Michaels wore a white lace coat and gown. Etheridge, 41, and Michaels, the 28-year-old star of the WB's sitcom "Popular," met two years ago. (AP)

MUSIC

Kiss to Build a Dream On

Limp Bizkit's upcoming video for its cover of The Who's "Behind Blue Eyes" has a surprising twist, according to MTV.com. Frontman **FRED DURST** told MTV that he shares "the greatest kiss you'll ever see" withOscar-winning actress **HALLE BERRY.** "It was all that and then some," Durst said. "It's very convincing, very real and I think we both had a good time doing it." For her part, Berry seemed at ease, said producer Joel Silver. "She's an actress ... she knows what she's doing." In the video, Berry plays a psychiatrist who is so attached to one of her patients, played by Durst, that she is able to see through his eyes, the site reports. The song appears in Berry's new movie, "Gothika," a horror tale also starring Penelope Cruz, which is set to open on Oct. 24. (EXPRESS)

PUBLISHING

Slain Journalist's Wife Describes 'Hell' in Memoir

The wife of Wall Street Journal repoter Daniel Pearl, who in 2002 was kidnapped and killed by terrorists in Pakistan, says she wrote a book about her husband to show "defiance" to the terrorists. In a Newsweek interview, **MARIANE PEARL** said the process was painful but necessary. "Writing the book was difficult because I was going back to hell," she said. But her 16-month-old son, Adam, was a catalyst. "I just wanted him to know the truth," she said. The book is set to be published in October. (EXPRESS)

POLITICS

No Love Lost on U.S.

Actor and activist **MARTIN SHEEN**, who portrays President Bartlet on "The West Wing," said when he crosses from the United States to Canada he feels like he's left "the land of the lunatics." Sheen, who has been outspoken in his opposition to the Iraq war, said he was "proud" of Canada for not entering the war. "You are not armed and dangerous. You do not shoot each other. I always feel a bit more human when I come here," Sheen said Saturday in Ontario, where he received an award as a Christian role model. (AP)

HEARSAY | YES, SIR

"I refuse to open any mail that doesn't say 'Sir Michael' on it. ... If they don't put 'Sir' on the envelope, they don't know anything about me, so why should I open the letter?"

— SIR MICHAEL CAINE
ON HIS "ONLY" ACT OF SNOBBERY

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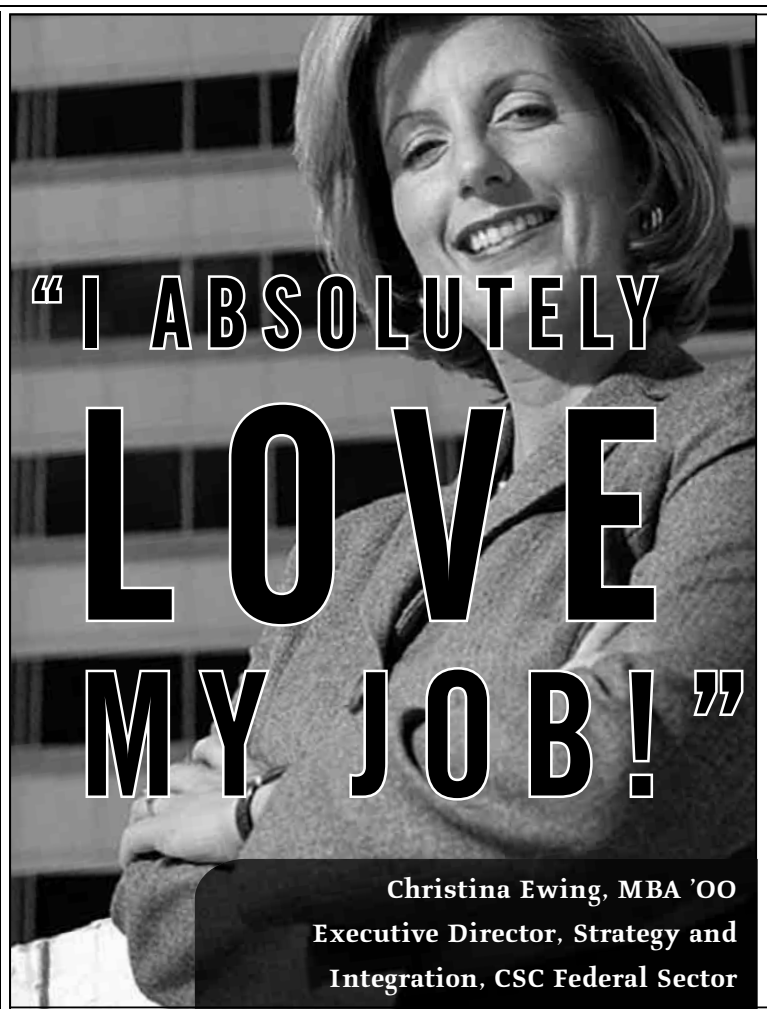

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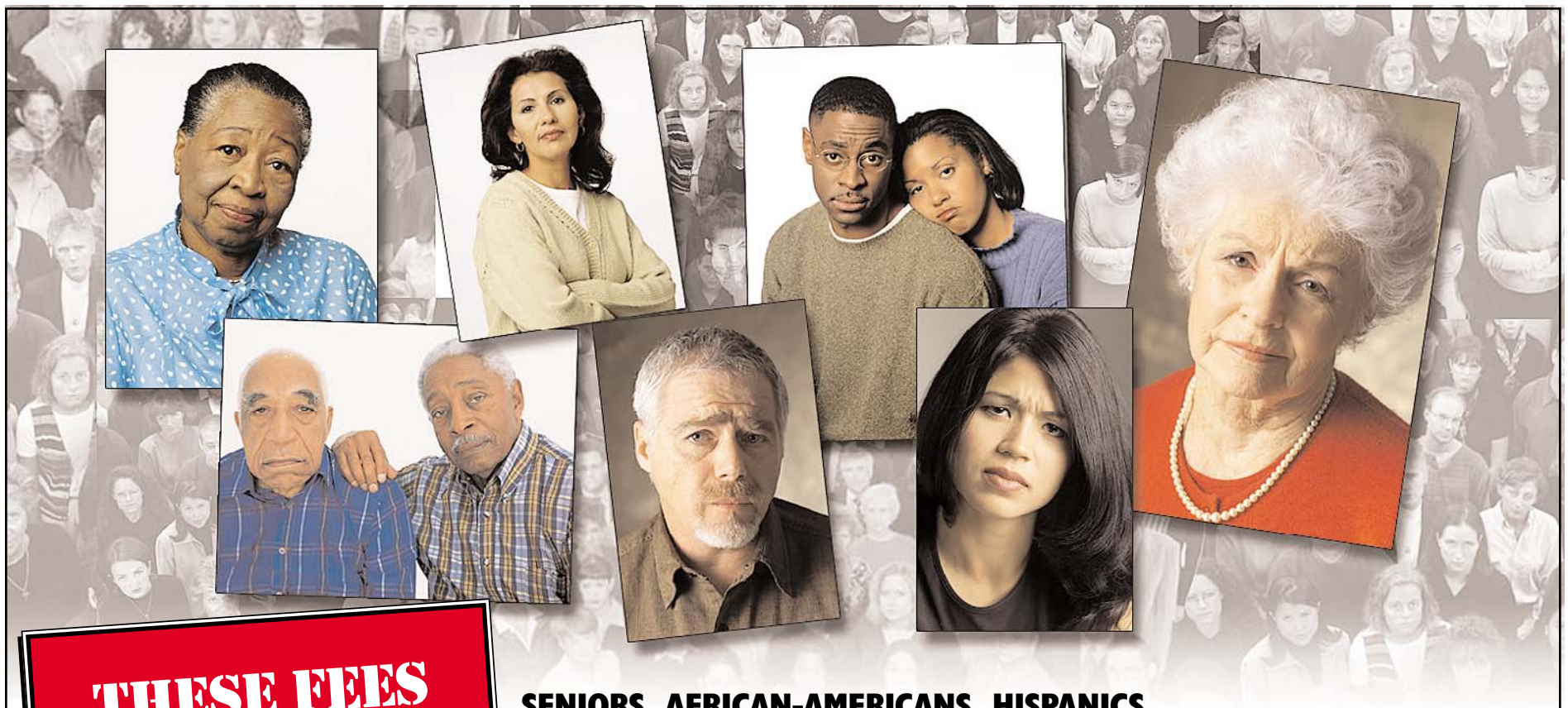

THESE FEES WILL HURT US!

SENIORS, AFRICAN-AMERICANS, HISPANICS, PEOPLE WITH DISABILITIES and RURAL CONSUMERS

Want the USF Funding Mechanism to Remain FAIR!

FCC—HEAR THEIR VOICES!

"We believe that the move to a per-line charge some are considering would be harmful to the very population the fund seeks to help and should not be adopted." —**AARP**

"Universal service cannot harm those citizens it was created to assist. Shifting the cost burden to these consumers would violate the spirit of universal service." —**Alliance for Public Technology**

"The current revenue-based methodology deserves to be recognized as the most equitable, least discriminatory, and least market intrusive manner in which funds can be collected." —**The National Grange**

"As an organization whose focus is on the success of rural education, OCRE views the universal service fund as a necessity…OCRE regards connection-based charges as unnecessarily extreme, and we urge the Commissioners to retain the current revenue based mechanism..." —**Organizations Concerned About Rural Education**

"The connection-based methodology proposal being reviewed at the Commission will pose a disproportionate financial burden on low-income and low-volume consumers." —**Rainbow / PUSH Coalition**

"We view these (connection-based) proposals regressive in nature…that fail to meet the FCC's additional criteria of the public interest." —**League of United Latin American Citizens**

"…a connection-based universal service fee would unfairly burden low-income and low-volume customers - those intended to benefit from the universal service goals." —**American Association of Persons with Disabilities**

TELL THE FCC WHAT YOU THINK...

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☐ **I AGREE!** Chairman Powell, we should maintain a revenue-based contribution methodology to support USF. The proposed alternative is unfair!

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